



This past year has presented all of us with a need to find and create ways to cope with and overcome unforeseen challenges. Here at BPNC, we have done as much as possible to be a primary resource for families in providing emergency financial relief and access to quality support services. One of our main focus areas has been adapting and elevating our school-based mental health services to effectively address the significant toll the coronavirus has taken on students' mental health and provide adequate support for school faculty during these unprecedented times.

We provide school-based mental health services at six community schools. Since 2009, BPNC has integrated therapeutic services within the school environment and addresses many of the economic and cultural barriers that often result in at-risk youth not receiving the support needed to thrive socially and academically. Thanks to our full-service community school partnerships, students have immediate access to our incredible team of trauma-informed case managers and master's-level clinicians who provide individual therapy, group counseling, and comprehensive case management in a culturally relevant manner.

We know this is a challenging time for all, but we hope we can count on your support this holiday season to sustain school-based mental health services in Brighton Park. Students require additional support in coping with school closures and remote-learning plans, which have turned routines and peer interactions upside down. Their families require additional support as pre-existing stressors and financial hardships have intensified in the wake of the pandemic. Teachers require additional support to effectively identify and address students' mental health needs in a remote setting.



A donation of \$25, \$50, or \$100 would support us in providing comprehensive mental health services for over 200 students and trauma-informed trainings for approximately 60 educators in 2021. You can visit www.donorbox.org/bpncbetterdays to donate online or mail a check to Brighton Park Neighborhood Council at 4477 S. Archer Ave., Chicago, IL 60632.

Thank you for supporting our mission and helping to ensure there are better days ahead.

Sincerely,

Patrick Brosnan
Executive Director

Brighton Park Neighborhood Council is a 501(c)(3) nonprofit organization. All donations are tax-deductible. Make your donation by December 31st to ensure it can be deducted from this year's taxes.