

"THERE IS A SOLUTION"

Practical fixes to everyday problems

OVEREATERS ANONYMOUS WEEKEND RETREAT

Sponsored by North of England Intergroup

When: Friday 20th April – Sunday 22nd April 2018 *Arrival from 4pm on Friday, departing after lunch Sunday*

Where: The Briery Retreat Centre, Ilkley, West Yorkshire, LS29 9BW www.thebriery.org.uk

Price: £132 all inclusive – closing date 23rd March 2018. *Payment in full must be received by then. This is a popular retreat so places are booked on a first come, first served basis. No bookings can be taken after 23rd March 2018.*

Programme: *Shares and workshops on things that may hinder your recovery*

Food: *The Briery can only cater for vegetarian and gluten free meals if prior notice is given. Food is simply fare, with sugar free, white flour free and soya options available. A menu will be provided before the event.*

**** We have a limited number of assisted places for the unwaged/those on a very low income. These places are funded by the revenue from our clothes sale and cost £100 each. If you think you are eligible, please contact us on the email address below to check whether there are any places available before sending the form. Your place will be confirmed only once your deposit of £30 is received along with a completed booking form. Please note assisted places are allocated on a first come, first served basis. The Group Conscience decided that these places should be provided on a rotational basis, so if you have previously received an assisted place you will only be eligible for one if nobody new requires the place.**

For more information or to send in your application forms, please contact: ilkley2018@gmail.com

Booking Form – please complete and return to the email address above	
NAME:	PAYMENT
ADDRESS:	£30 non-refundable deposit to reserve your place
	Balance of £102 to be paid no later than 23rd March 2018.
TEL:	PLEASE NOTE THAT THE FULL COST IS NON-REFUNDABLE IF RESERVATION IS CANCELLED AFTER 10TH APRIL 2018.
EMAIL:	
<i>Any dietary requirements? Vegetarian/Gluten free (delete as required) Please note there are shared fridges in the communal areas.</i>	Payment method (please check availability first)
<i>Any other requirements? (including whether you would like to use the hearing loop system)</i>	1) Preferably by electronic transfer to:
<i>Are you able to share a room? YES/NO (delete as appropriate)</i>	Account Name: OA Ilkley
<i>I am willing to share with.....</i>	Sort code: 20-62-09
<i>Do you have any mobility issues and require a ground floor room? YES/NO (delete as appropriate)</i>	Account No: 93252957
<i>Are you willing to give general service at the retreat? YES/NO (delete as appropriate)</i>	(Using your full name as the reference)
<i>If yes, please advise of length of current abstinence.....</i>	Please state the date of your £30 transfer.....
	2) If paying by cheque, please make the cheque out to: OA Ilkley and send it to:
	Mrs J Grey- address details will be provided by email when booking.

Upon receipt of your booking form we will send confirmation of your payment and directions and additional information in the two weeks prior to the weekend. If you do not receive confirmation within 1 month of emailing/posting your form, please contact the email above. Please note there may be a delay in response over Easter. Please do not contact The Briery directly.