



## **Strawberry & Arugula Salad**

**Time:** 10 minutes

Serves 2

### **Ingredients:**

1 Tbs. white balsamic or red wine vinegar

1/2 tsp. honey

1/4 tsp. kosher salt (optional)

1 Tbs. extra-virgin olive oil

4 cups arugula

1/4 cup basil leaves, chopped

1/2 avocado, chopped

1 cup sliced strawberries

4 radishes, thinly sliced

### **Directions:**

1. Make the dressing: In a large bowl, whisk together the vinegar, honey, salt, and oil.
2. Toss the arugula, basil, and avocado with the dressing, and top with the strawberries and radishes.

*Compliments of Nutrition Action.com*