



SPORTSWARE
INJURY TRACKING SOFTWARE

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Taking a closer look at what athletes who play Soccer and Lacrosse are experiencing for injuries and what you can take away from it to make the sport safer.

Soccer

Injury Rate Reporting

Boys: <https://natajournals.org/doi/full/10.4085/1062-6050-166-17>

Girls: <https://natajournals.org/doi/full/10.4085/1062-6050-156-17>

Trend: Analysis of Overuse injuries in Soccer

<https://natajournals.org/doi/full/10.4085/1062-6050-191-16>

Trend: Sex Differences in Head Acceleration

<https://natajournals.org/doi/full/10.4085/1062-6050-43.6.578>

Best Practices

<https://natajournals.org/doi/full/10.4085/1062-6050-52.2.02>

Preventative Training

<https://natajournals.org/doi/pdf/10.4085/1062-6050-375-17>

Lacrosse

Injury Rate Reporting

Boys: <https://natajournals.org/doi/full/10.4085/1062-6050-200-17>

Girls: <https://natajournals.org/doi/full/10.4085/1062-6050-201-17>

Trend: Contrasting Boys And Girls Injury Rates Within Lacrosse

<https://natajournals.org/doi/full/10.4085/1062-6050-312-17>

Best Practices

<https://natajournals.org/doi/full/10.4085/1062-6050-52.2.02>