Kick off your summer by joining Esmont Walks with Heart in your community!

Our **free walking program** meets every Saturday from June 3 to August 26 at 8am from Simpson Park in Esmont, VA.

Season Kickoff

June 3, 2023 at 8am
Simpson Park



ESMONT WALKS with heart

2023 SUMMER SCHEDULE

June 3	Simpson Park 2410 Simpson Ln.	July 22	Simpson Park 2410 Simpson Ln.
June 10	Simpson Park 2410 Simpson Ln.	July 29	Simpson Park 2410 Simpson Ln.
June 17	Simpson Park 2410 Simpson Ln.	August 5	Simpson Park 2410 Simpson Ln.
June 24	Simpson Park 2410 Simpson Ln.	August 12	Simpson Park 2410 Simpson Ln.
July 8	Simpson Park 2410 Simpson Ln.	August 19	Simpson Park 2410 Simpson Ln.
July 15	Simpson Park 2410 Simpson Ln.	August 26	Simpson Park 2410 Simpson Ln.

Program does not meet July 1. Walks may be cancelled due to inclement weather.
To earn program incentives, walkers must attend at least one in-person summer walk.

Register Today!

Scan the QR code or email us at:
WalksWithHeartInVA@gmail.com