

Backpacking Tentative Schedule

Day 1

7:00 pm Arrive at camp
Orientation
Pack Meals
Sleep at Camp

Day 2

6:30 am Breakfast at Camp
7:00 Load Van, Pray, and Leave
Devotion Time in the Van
Lunch and Supper on the Road.
Arrive at trail head
Set up camp
Group Worship and Devotions

Day 3

Hike up the mountain
Make Camp
Solo times with God
Cooking and Eating
Explore
Evening Devotions and Worship Together

Day 4

On the mountain
Day hikes
Solo times with God
Fishing
Cooking and Eating
General Adventuring ☺
Evening Devotions and Worship Together

Day 5

Breakfast
Pack up camp
Hike down the mountain
Lunch
Start the drive home
Possible Cliff Jumping or other fun stop
Showers
Nice supper out
Camp at a campground

Day 6

On the road home
Everyone share something God taught them
Arrive at camp late afternoon evening

Backpacking Packing List

We will be gone 5 days so pack clothes accordingly. Remember it will be much cooler in the mountains.

You will need a Backpack

4000 to 5000 + cu inches - This is not a day pack or school backpack. We carry everything we need in this bag for 3 to 4 days. I would not buy a backpack - ask camp, friends or family if you can borrow one. Camp has many you can borrow.

In Your Backpack *optional items

- ☐ Pack cover or large plastic bag to cover pack
- ☐ Toilet paper in a zip lock bag
- ☐ Hand sanitizer
- ☐ Flashlight - a head lamp is nice
- ☐ Insect repellent
- ☐ Chapstick
- ☐ Whistle
- ☐ Hiking shoes - good tennis shoes will work.
- ☐ Hiking socks - wool is nice. Pack 2-3 pairs they may get wet and you will want a dry pair to wear at night.
- ☐ Rain jacket – a nylon one is nice. It can also serve as a windbreaker or another layer
- ☐ Small String bag for day hikes
- ☐ Small First Aid kit and any medications you take.
- ☐ Small Bible and pen
- ☐ Sleeping bag that is light and warm with a nylon bag to go around it. The smaller the better.
- ☐ Tent (with a tarp to keep rain off -The camp has some tents so do not buy a new tent just for this trip)
- ☐ Water bottle – personal water filtering bottles are very nice, but not necessary
- ☐ Personal Mess kit or a light plate, bowl, cup, fork, knife, and spoon
- ☐ Knife or multi-tool
- ☐ Leggings and for another layer. Especially nice for sleeping in.
- ☐ Under armor long sleeves are nice for the cool mountain air and sleeping in.
- ☐ Pack one change of clothes in your backpack: Pants (convertible pants are nice), shirt, and underwear. Clothes for the trail should be quick drying fabric.
- ☐ Tooth brush and tooth paste
- ☐ Watch
- ☐ Winter Hat for sleeping in
- ☐ *Hat
- ☐ *Sunglasses

- ☐ *Sunscreen
- ☐ *Hand warmers
- ☐ *Sleeping Bag liner
- ☐ *Para Cord
- ☐ *Camera
- ☐ *Portable Charger
- ☐ *Hammock
- ☐ *Fishing equipment (lures for trout fishing)

Duffle Bag (not going up the mountain)

Travel shoes

Shampoo / Conditioner

*Snacks

Money for about 6 meals on the road

Swimsuit

Camp medical release form (if you did not register online)

Clothes for at least 3 days

Warm clothes for sleeping at night

Sandals or shoes that can get wet for possible cliff jumping.

Phone Charger (a portable power bank is nice to pack in if you have one.)

Pillow and Blanket

*Camp sleeping pad if you desire (could take along for just campgrounds off the mountain)

Camp will provide:

Food for all the meals in the mountain

Biodegradable Soap

Tents (if you don't have one)

Stoves and a lighter

Fuel

Water filtration equipment

Tips:

>> Bring all your stuff to camp in any bag then repack in a backpack when you get here and add your food items, tent, and other gear.

>> Put items for your backpack in zip lock bags or stuff sacks to help separate clothes and supplies.

>> If you don't have something on this list ask us, we might have something you can borrow.