

Connect Cheer Northwest 23-24 Competition Guide

Undergarments

Our uniform this season has an open back. Athletes are **NOT** allowed to wear any sports bras or regular bras since they will be visible with our new uniform. If athletes need any form of bra under the uniform, we **ONLY** allow items with clear straps and a clear back connection.

Options for undergarments:

- https://www.discountdance.com/dancewear/style_3564W.html
- https://www.discountdance.com/dancewear/style_3683.html?fp_rec_token=ChM0NjUyMjExODQ3NTA2NjYyNDIyEAlal290aGVyc195b3Vfb3RoZXJzLXlvdV8xNjMxMDAzNzg1NjkxIhNvdGhlcNnfeW91X21heV9saWtlKAA&fp_recW=18462&fp_recD=58&fp_recl=3683&fp_recG=3683
- <https://www.dancewearsolutions.com/accessories/undergarments/3767.aspx?position=18>
- <https://www.dancewearsolutions.com/accessories/undergarments/bw292.aspx?position=20>
- https://www.amazon.com/Strapless-Backless-Wedding-Dresses-Halter/dp/B082CC979C/ref=sr_1_23?crd=34GIQXVVT6l8L&keywords=backless%2Bbra&qid=1668115227&sprefix=backless%2Bbra%2Caps%2C160&sr=8-23&th=1
- https://www.amazon.com/Capezio-Womens-Seamless-Transition-Straps/dp/B000XPP18S/ref=sr_1_5?crd=2LW89VB83TTV4&keywords=clear+strap+bras+for+women&qid=1668115303&sprefix=clear+strap%2Caps%2C151&sr=8-5

Makeup

Eyes:



Our eye makeup this season will be a **soft charcoal smokey eye** shown in the image above. We will have a few eye shadow palettes to achieve this look for purchase in our Pro Shop.

Pallet options:

- https://www.elfcosmetics.com/everyday-smoky-eyeshadow-palette/83278.html?utm_content=gpla&gclid=Cj0KCQiA99ybBhD9ARIsALvZavW1korDWdSecNq4tcVQ8vS0_Y5DGTa0x63DVbIVAQ4os0Xy9e8OLQ8aAqh9EALw_wcB&gclid=aw.ds
- https://www.target.com/p/e-l-f-everyday-smoky-eyeshadow-palette-49oz/-/A-52654220?ref=tgt_adv_XS000000&AFID=google&fndsrc=gtao&DFA=71700000012693414&CPNG=DSA_Beauty%2BPersonal+Care_Categories%7CBeauty_Ecomm_Beauty&adgroup=Eyes&LID=700000001173084pgs&LNM=DYNAMIC+SEARCH+ADS&network=g&device=c&location=9033307&targetid=dsa-104459577888&ds_rl=1246978&ds_rl=1247077&gclid=Cj0KCQiAsoycBhC6ARIsAPPbeLvCvhJIR_zy3vVRxuHBmJQCdW7fKjRCGbQfZEqbExsijnCwpFKkD_SgaAjthEALw_wcB&gclid=aw.ds

Lips:

We are using the Maybelline Superstay Matte Ink Lipstick in shade 125 Inspirer this season. There will be a limited supply for purchase in our Pro Shop. Athletes are **ONLY** allowed to use this shade of pink.

Maybelline SuperStay Matte Ink Liquid Lipstick: **shade 125 Inspirer**

- <https://www.target.com/p/maybelline-superstay-matte-ink-liquid-lipstick-0-17-fl-oz/-/A-82163948?preselect=52117634#Ink=sametaab>
- https://www.amazon.com/Maybelline-SuperStay-Matte-Liquid-Lipstick/dp/B07GXNMHMB/ref=sr_1_1_sspa?crd=30PRL7WJMR9QC&keywords=maybelline%2Blipstick&qid=1668118748&rdc=1&srefix=maybelline%2B%2Caps%2C174&sr=8-1-spons&th=1
- <https://www.walmart.com/ip/Maybelline-Super-Stay-Matte-Ink-City-Edition-Liquid-Lipstick-Makeup-Inspirer-0-17-fl-oz/575471509>
- https://www.ulta.com/p/superstay-matte-ink-liquid-lipstick-xlsImpprod16211185?sku=2537823&AID=165150&PID=10078&CID=af_165150_10078&clickId=y0mVNJ3GPxyNREy2P5XzrV3fUkA0Jw2hQRWpWU0&SubID=channeladvisor.com&utm_medium=affiliate&utm_source=10078&utm_campaign=Content&utm_content=core&irgwc=1
- <https://www.cvs.com/shop/maybelline-new-york-superstay-matte-ink-liquid-lipstick-prodid-1420045?CID=aff:100027119:13296373&cjevent=14a694246ed411ed836d07460a1c0e11&cjdata=MXxOfDB8WXww>
- <https://www.walgreens.com/store/c/maybelline-superstay-matte-ink-city-edition-liquid-lipstick-makeup/ID=prod6395917-product?skuld=sku6325247&cjevent=1faa90c76ed411ed836d07460a1c0e11&CID=5370367&ext=100027119&PID=100027119&AID=11553095&SID=88013X1540984X2bb0d17efadfed986cdf4edb5016987e&cjdata=MXxOfDB8WXww>

Hair

Athlete's hair must be pulled into a tight, high ponytail (any loose hairs need to be gelled or hair sprayed up). Bobby pins are ok (no metal barrettes). Ponytail needs to be **CURLED**.

