

A mammography is an x-ray of the breast that is used to detect and evaluate breast changes. The American Cancer Society recommends women age 45 to 54 years should be screened annually. Women aged 55 years & older should transition to biennial screening or have the opportunity to continue screening annually. Women in their 20's and 30's should have a clinical breast exam at least every 3 years.

Early detection of cervical cancer can be done through a pap smear. The American Cancer Society recommends women age 21 through 65 years have a pap smear at least every 3 years. It is recommended that women over age 65 years may stop cervical cancer screening as long as they had regular screenings and was not diagnosed with any serious pre-cancers.

Bloomfield Health & Human Services is offering a

## **FREE Pap Smear & Mammography Screening or FREE Clinical Breast Exam**

(Essex County residents)



Wednesday, April 10, 2019

Wednesday, October, 9, 2019

9:00 am by Appointment Only

Pap Smear is FREE to Uninsured or Underinsured women age 21 and over;  
Mammography is FREE to Uninsured or Underinsured women age 45 and over;  
Clinical Breast Exam is FREE to Uninsured or Underinsured women age 21 through 45

Income requirements must also be met

Location: Bloomfield Public Health Nursing Office; 1 Municipal Plaza – Lower Level; Bloomfield NJ  
Call the Bloomfield Public Health Nursing Office to register – 973.680.4058

The screenings are provided by Rutgers Medical School S.A.V.E Program

Appointments are limited

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