



## Drum your way to joy

Celebrate rhythm at Richard Reiter's "Spiritual Drum Circle," a free workshop on Saturday, April 8 at 2 p.m. at Bloomfield Public Library. Experience joyful stress release and empowerment through rhythm. Reiter will bring percussion instruments for everyone, or you can bring your own. No musical training is necessary. Reiter is a certified New Jersey music teacher who studied African drumming in Senegal and is a student of Arthur Hull, considered the guru of drum circles.

## Adulting 101: Basic Car Maintenance

Mike Zirolo, owner of Aamco of Bloomfield, will give car owners tips on everyday maintenance during a free workshop on Saturday, April 1 at 11 a.m. Find out when to change the oil, what seasonal maintenance should be undertaken, how to check tire pressure, what all those warning lights and indicators mean, and much more.

■ **Be an "Adulting" Contributor.** If you own or operate a local business and would like to suggest a program for the Adulting 101 series, e-mail Lisa Cohn at [lcohn@bplnj.org](mailto:lcohn@bplnj.org).

## Come to a deStress Seminar

Turn off the news and lift your mood, just in time for spring. Sharon Addison, a critical care and emergency room nurse (and board certified life purpose and career coach) will lead two sessions of a free deStress Seminar on Tuesday, April 18 at 6 p.m., and April 22 at 11 a.m.

## Regularly Scheduled Programs

- *Mid-Day Movies* - Mondays and Thursdays, 12:15 p.m.
- *Bridge Club* - Fridays at noon. Beginners welcome.
- *Writer's Circle* – second and fourth Tuesdays at 6 p.m.
- *Library Board Meeting* - April 5 at 5 p.m.
- *Financial Book Club*, Tuesdays at 6 p.m. – Review a monthly book and participate in a facilitated discussion about real estate, the stock market and more. No financial experience is needed.
- *Book Club* – "Silver Sparrow," by Tayari Jones, April 3, 6:45 p.m. Two teenaged girls in 1980s Atlanta live different lives but unknowingly share a father. When they meet by accident, the secret unravels. The book is the topic of the Essex County Libraries Big Read: <http://www.essexcountybigread.org/>. For help locating a copy of the book club selection, call the reference desk, (973) 566-6200.

## Free Tax Prep Assistance

NJ Citizen Action Tax Prep offers free assistance to those in households earning \$54,000 or less. Access the service at Bloomfield Public Library every Wednesday through April 12. Hours are 10 a.m. to 6 p.m. Appointments are required. For details or an appointment, call (732) 246-4772.

## Children's Department

- Artwork from Brookdale School is on display throughout the month of April.
- Weekly Storytimes (excluding the week of April 10-14):
  - Tuesdays and Fridays, toddlers, 11 a.m.
  - Wednesdays, pre-K, 11 a.m.
  - Thursdays, Baby & Me, 11 a.m.

## School Vacation Week Programs

- *Storytelling Workshop* - Tuesday, April 11, at 11 a.m. Elementary students: bring a favorite book to share with the group. Take turns reading to Ruby, the library bunny.
- *Shooting Stars Dance Center* and Miss Katie will offer a movin' and shakin' session for all ages on Wednesday, April 12 at 11 a.m.
- *Easter Egg Hunt* - Thursday, April 13: toddlers, 10 a.m.; preschoolers, 11 a.m.