

Parent Provider Connections - June 2021

CRAFTY CAMPING SCENE

Create your own camping scene background on paper with assorted craft supplies or findings from a nature hike. Children can cut a triangle or rectangle from construction paper to create a tent for their scene.

GRAB & GO

Shelf stable, dried and semi-dried meats can be credited as a meat | meat alternate. Pair a dried meat such as jerky with a dried fruit for an easy, creditable, portable snack that is great for providing nutrition on active days outside.

ROASTED CHICKPEAS

1 12-ounce can chickpeas, drained

2 tbsp olive oil

Salt, pepper, favorite seasonings

Dry chickpeas with paper towel. Toss with olive oil and seasonings. Roast for 30-40 minutes on baking sheet in 450-degree oven.

#CACFPCREDITABLE

NATURE HIKE

You might not be able to actually go camping, but the next best thing is to pretend! Take the kids on a nature hike around your area. Add to the fun with a scavenger hunt or hiking songs.

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday