

APRIL



Learn with Me

How Do You Feel?

Social Emotional Learning encompasses not only regulating our own emotions, but communicating with others and building relationships. It is an important life skill that we take with us in every endeavor we work on. It is also a skill that has to be learned and developed.

Encourage children to persist in challenging tasks and calmly ask for help when they need it. Play games to practice taking turns and set expectations that they can meet and work towards.



Create with Me Spring Flowers

Cut tissue paper in a desired size rectangle. 12 x 6 works well. Stack three sheets of tissue paper directly on top of each other. Fold paper accordion style with the shorter side. Fold a green pipe cleaner around the middle of the tissue accordion to secure. Round both edges to create petals. Gently peel open the accordion layers and then fluff the flower. Make several for a beautiful spring bouquet.



Play with Me Windy Race

For those rainy, spring days when you need to stay indoors, try this windy activity to get the kids moving. Clear a space on the floor or table. Create a starting line and finish line using tape. Have the children wave paper plates in a race to fan a tissue paper square across the finish line.



Cook with Me Edible Flowers

Broccoli crowns are actually small buds that contain the flowers of the plant. Make this vegetable even more yummy by roasting broccoli at 400 degrees for 15 minutes after you drizzle a bit of olive oil on them and sprinkle with parmesan cheese.



Read with Me

Holland is known for its windmills and tulips. Give the children a glimpse of this country with these reading selections.

KeeKee's Big Adventures in Amsterdam, Netherlands by Shannon Jones

Planting a Rainbow by Lois Ehlert



Name _____

Connect - the - dots

Follow the numbers to create the shape. What shape is it?

