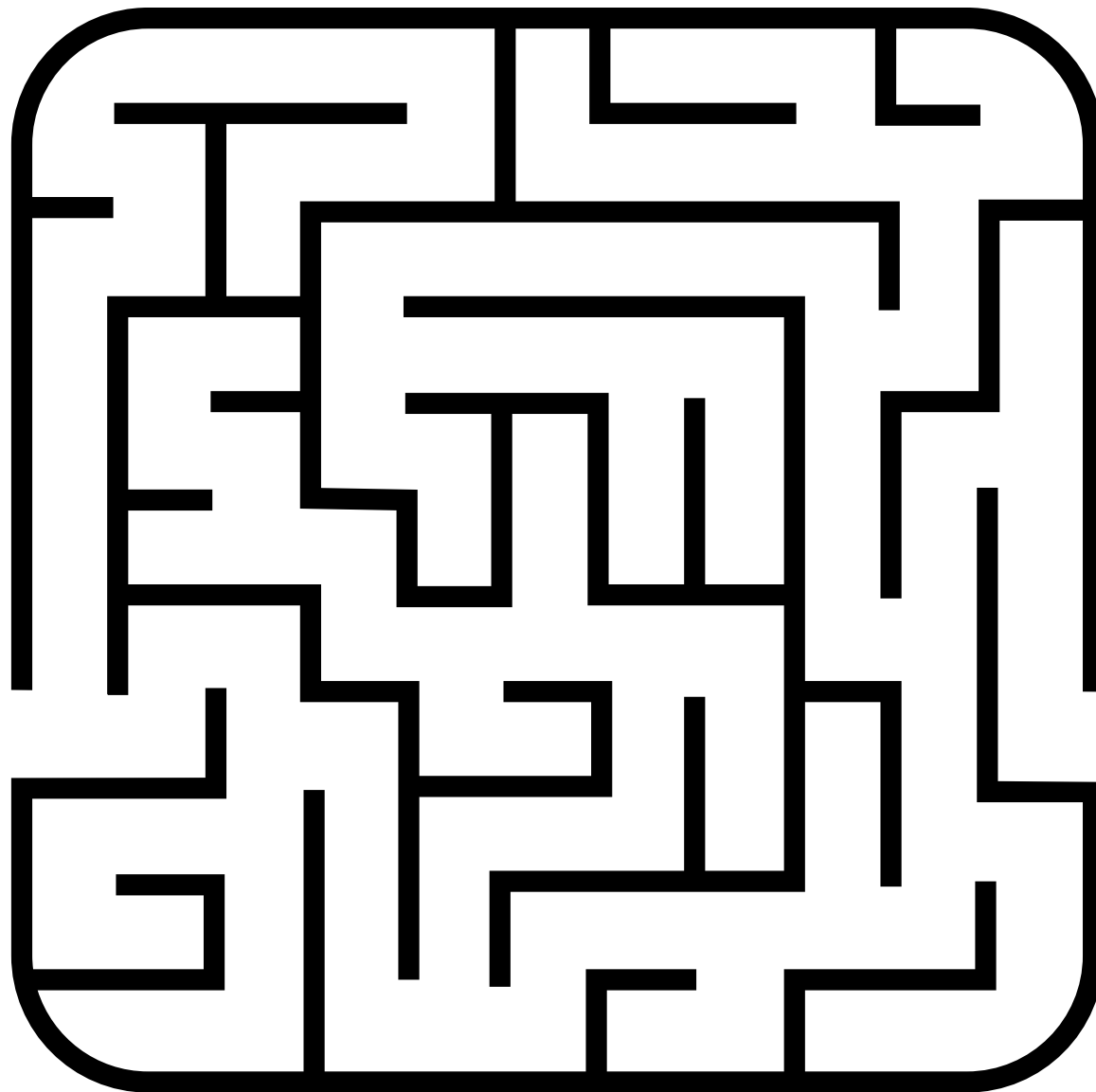


Maize Maze!

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Corn, or Maize, is an important crop to Native Americans. It was present at the first Thanksgiving, and is still an big part of Thanksgiving meals today! Help the pilgrim reach his Native American friend so they can both enjoy fresh Maize together.



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Whipped Sweet Potatoes

Ingredients

14 oz. sweet potatoes, peeled and cut into quarters
1 tablespoon 1% milk
1 tablespoon margarine
Salt & pepper to taste

Place sweet potatoes in a pot of water. Bring to a boil and cook until fork tender, about 20 minutes. Drain well.

In a medium bowl, immediately combine drained sweet potatoes, milk, margarine, salt and pepper.

Using an electric mixer, mix on medium speed until potatoes are smooth and fluffy.

Makes six 1/4 cup servings.

CACFP Crediting:
1/4 cup vegetable

Source: USDA



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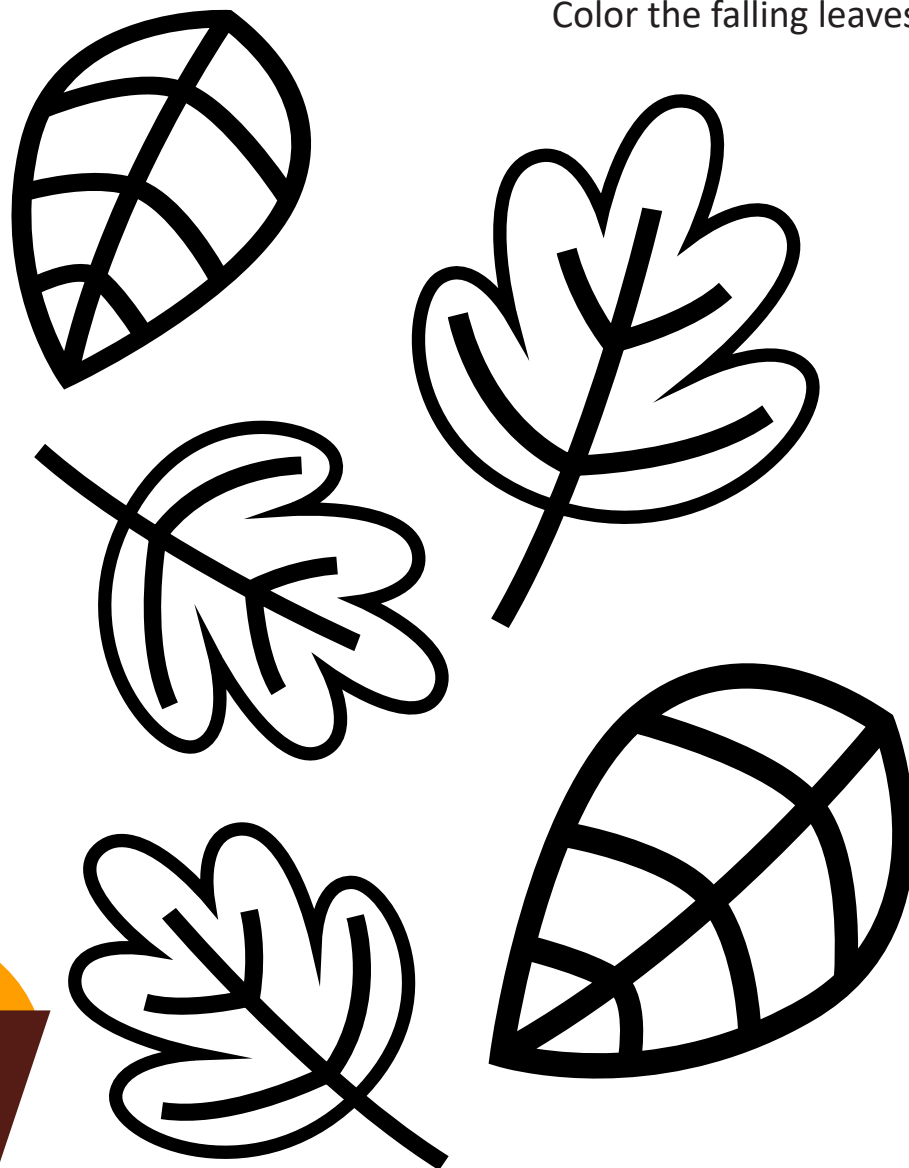
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Fall Colors

Leaves on the ground come in all different beautiful colors!

Color the falling leaves.

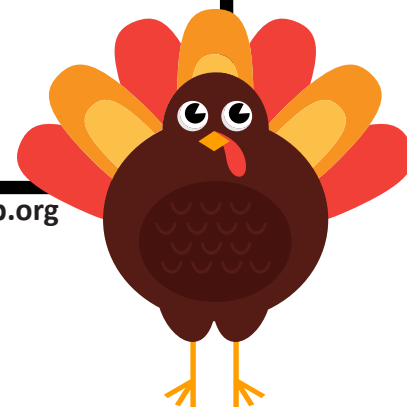
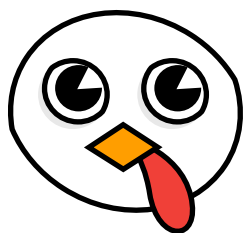


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Trace-A-Turkey

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Put your right hand on the paper, with your thumb over the face. Trace your hand, and make a turkey out of it. Your palm is the body, your thumb is the head and neck, and your fingers are the feathers! Color your turkey in.



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