



**FOOD CARE PACKAGE ITEMS:**

Cereal Bars  
 Energy Bars  
 Instant Oatmeal Packets  
 Pudding Cups  
 Trail Mix  
 Pretzels  
 Dried Fruit  
 Corn Nuts  
 PopTarts  
**Sunflower Seeds**  
**Applesauce- Single Serve**  
**Canned Fruit- Single Serve**  
**Beef Jerky**  
 Slim Jims  
 Soup Mix  
**Canned Soup- Soup on the Go/Microwave Bowls**  
 Top Ramen  
**Canned Pasta- Single Bowls/Pop Top**  
**Peanut Butter – Single Serve -no glass**

**CARE PACKING EVENT**  
**2<sup>nd</sup> Monday Each Month**  
**5:30-7:00 PM**  
**Outlets at Anthem Rm 360**  
 Community Service Project  
 Family-friendly, all ages welcome!

**Jelly – Single Serve/small-no glass**  
 Canned/Kit Meat  
**Tuna Packets/Kits**  
**Chicken Packets/Kits**  
 Salmon Packets/Small Cans  
 Drink Mix Singles  
**Coffee Singles**  
**Tea Bags (individ. wrapped)**  
 Hot Chocolate Packets  
 Condiment Hot Sauce  
 Condiment Mustard  
**Condiment Relish**  
 Condiment Ketchup  
 Condiment Honey  
 Condiment Syrup  
**Condiment Mayo**  
**Condiment Creamer**  
 Condiment Sugar  
 Condiment Salt  
 Condiment Pepper  
 Condiment Sweetener  
**Tabasco Sauce 2 oz.**  
 Candy/Mints/Gum

**HYGIENE PACKAGE ITEMS: Travel Size**  
 Lip Balm  
**Artificial Tears (sun/dust)**  
 Hand Sanitizer- Travel Size  
**Foot Powder- Travel Size**  
**Deodorant**  
 Toothpaste Travel Size  
**Dental Floss/Picks**  
**Mouthwash- Travel Size**  
 Liquid Soap- Travel Size  
**Body Wash- Travel Size**  
 Loofahs/Sponges  
**Shampoo- Travel Size**  
**Conditioner- Travel Size**  
**Comb/Brush**  
**Kleenex- Travel Size**  
**Plastic Bandages**  
**Baby Wipes- Large container to repack**  
**Baby Wipes - Travel Size**  
**Antiseptic Wipes**  
**Cotton Balls**  
**Cotton Swabs**  
**Advil - Travel Size**  
**Cough Drops**  
**Black Socks – New Crew/Boot**  
**Razors**  
**White Undershirts**  
**Men’s Underwear**  
 Toilet Paper

**ENTERTAINMENT ITEMS: Magazines (new or used)**  
 DVDs  
 Travel Games  
**Puzzle Books**  
**Books- Paperback Only**  
**Playing Cards**

**PACKING SUPPLIES:**  
**Re-sealable Quart Bags**  
**Re-sealable Gallon Bags**  
**Re-sealable Sandwich Bags**  
**Re-sealable Snack Bags**  
 Sharpies  
 Patriotic Stickers  
 Medium Plastic Bins with Lids  
 Large Plastic Storage Bins with Lids  
 Gift Cards to Purchase Needed Items  
 Red, Blue, or Patriotic  
 Table Covers  
 Trash Bags

**ITEMS FOR DEPLOYED DOGS:**  
 Canine Ear Cleaner  
 Canine Eye Wash  
 Canine Bath Wipes  
 Canine Vitamins/Supplements  
 Grooming Tools Brushes  
 Grooming Tools Combs  
 Grooming Tools Nail Clippers  
 New  
 Dog Booties/Protective Shoes – Large Breed  
 Paw Pad Cream  
 Corn Huskers brand lotion  
 Canine Shampoo (mild w/oatmeal base)  
 4-6 ft. leash (70+ lb dog)  
 Collars (70+ lb dog)  
 Muzzles  
 Durable Toys  
 Antiseptic Spray  
 Collapsible Dog Water Bowls  
 Dry Dog Food- 1 lb. grain free, USA  
 Milk-Bone/High Protein Dog  
 Treats Made in the USA

**\$30/month** ships a food box and hygiene box to a deployed service member  
**\$360** sponsors care packages to a deployed hero for a year  
 Donate online [youthfortroops.org](http://youthfortroops.org) or on our Facebook page.

