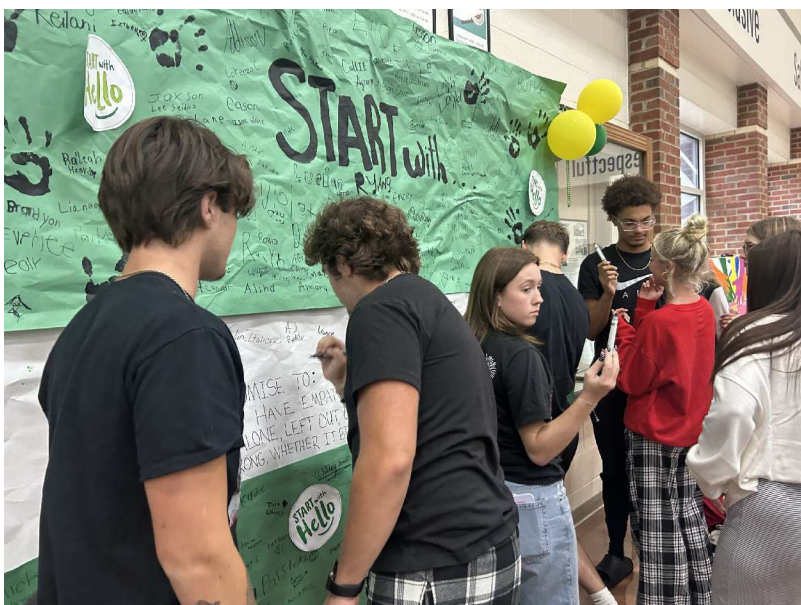




Coordinator Corner - Start With Hello!



by Tracy Vivo, M.Ed., OCP
Behavioral Health and Wellness Coordinator
Lowellville Local School District

Social Inclusion is an important protective factor when it comes to suicide prevention and bullying prevention.

Each school year, in my role as a Behavioral Health and Wellness Coordinator, I work with our Sources of Strength peer leaders to lead campaigns focused on social inclusion during Start with Hello week.

In addition to these campaigns, I train all students in grades K-12 on the importance of social inclusiveness and being an Upstander.



This school year, every student in the district signed the Promise Pledge and every staff member posted a fresh new Trusted Adult sign outside their door. Although this was completed at the end of September, we continue to display the large student signed Promise Pledge wall-sized sign as a reminder through the month of October about the importance of Bullying Prevention, which October is recognized for.



We also teamed up with our Lieutenant Governor Jim Tressel (pictured above) who visited our school district to kick off the [Team Tressel Fitness Challenge](#). As we know, there is a correlation between physical health and mental health and this kickoff for our 4th-8th grade students was a great way to start the year off right.

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Where to find us next:

- * November 4 at
Preble County Schools
- * November 14
NASW Conference
Washington DC

Congratulations!

Sara Henneman is a Behavioral Health and Wellness Coordinator from Christian Life Academy.

Recently their school was awarded a \$2500 grant from Ohio Suicide Prevention Foundation, funded by the Ohio Department of Health.

The dollars will be used for their Youth Led Prevention Summit. This is great news for their peer-to-peer prevention work!

School Wellness Podcast Episode

Click [here](#) to rewind and hear an interview with [Jo Simonsen](#) from [OhioKAN](#) talk about care for Kinship families.



Season 3 coming soon!

National Family Caregivers Month

National Family Caregivers Month is celebrated this month, running from **November 1 to November 30**. The theme for 2025 is **"Plug-in to Care"**, which focuses on connecting caregivers to vital support tools, networks, and resources. This month is dedicated to honoring family caregivers and raising awareness of the challenges they face. A [toolkit with tips and actions you can take for "Plug-in to Care"](#) is available through the [Caregiver Action Network](#).

Download the [Guide to Creating Kinship Friendly Schools](#) from the [No Wrong Door Resource Library](#).

Training Opportunity

Student Assistance Program (SAP) Facilitator

Micro-Credential Training for School Personnel

What is the Student Assistance Program (SAP)? SAP is a comprehensive, school-based approach designed to identify and support students experiencing academic, behavioral, emotional, or social challenges. This credential helps build a strong foundation for whole-student wellness and success!

What You'll Learn

- Spot early signs of mental health challenges and substance use
- Understand the SAP framework, definitions, and processes
- Learn how SAP aligns with MTSS, PBIS, and SEL initiatives
- Use evidence-based practices to support student success
- Plan and adapt supports that reflect diversity and student voice
- Analyze data to improve SAP effectiveness
- Facilitate SAP Team meetings with confidence
- Build collaboration across school and community systems

Who Should Attend?

- Teachers and School Counselors
- Social Workers and Mental Health Coordinators
- School Administrators & Deans
- Paraprofessionals and Support Staff
- Behavioral Health and Wellness Coordinators
- Mental Health therapists and professionals
- School Resource Officers
- Attendance coordinators

Why Earn This Credential?

Empower your school to provide early, effective support for students. Be the bridge between struggle and success in your learning community! [Click here to learn about a real life SAP school example through this podcast episode.](#)

- ☐ **Format: Self-paced, online, and asynchronous**
- ☐ **New School Year Special: Get 50% off the regular price!**
- ☐ **Total Cost with special rate: \$100**

Link: [REGISTER](#)

Contact: leekl@miamioh.edu with questions

Vaping Prevention

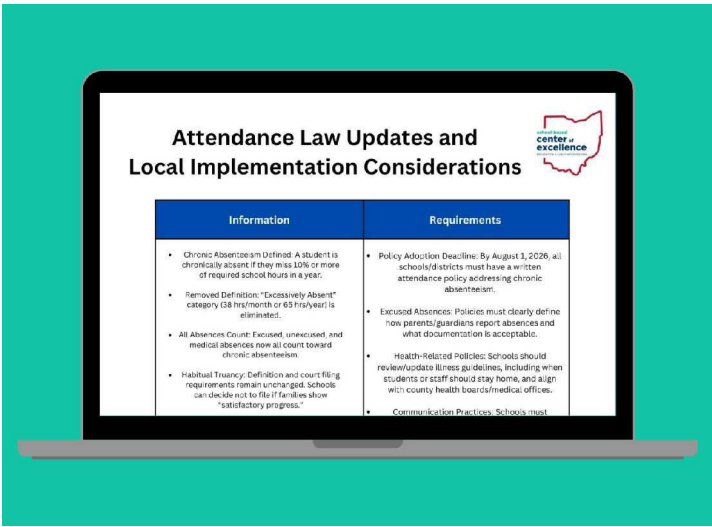
The [Youth Vaping Prevention Playbook](#), available on the Ohio Center of Excellence for Behavioral Health Promotion & Prevention website, offers tools and strategies for individuals, communities, and professionals to take action.



New Attendance Law

Are you aware of the new Attendance Law in Ohio?

[Download this resource](#) and learn more details that will impact next school year.



Check out our [October reflection video](#) with partners and colleagues.

Together we elevated Bully Prevention Month along with many schools in Ohio and the USA. Thank you to all who participated!



Clickable Question:

[What percentage of your students are in kinship families?](#)

Share [MyOhioWellness.com](#) with students and young adults. Each short video is built on the 8 Dimensions of Wellness.



Please stay in touch! Follow the School-Based Center of Excellence on [Facebook](#), [LinkedIn](#), and [Instagram](#).