

Successful Ways to Juggle Our Deaf, Hearing, and Coda Parts at Home, School, and Work



Artwork by Iris Aranda, Deaf Artist

Sheila Jacobs, MFT is offering a
CODA CAN Pre-conference Workshop
Tuesday July 11, 2017 from 10 am - 5 pm at
River Rock Casino Hotel, 8811 River Road, Richmond, BC

This **EXPERIENTIAL CODA PARTS WORKSHOP** will address specific challenges or issues that Coda participants bring to the workshop. Sheila will address family, work, identity, relationship, financial, health, and various types of stress from finding ourselves in the middle of complicated Deaf/Hearing/Coda situations, often without guidance.

For Codas who feel stuck, anxious, depressed, lonely, numb, irritable, stressed, unable to make decisions, easily swayed, unable to find their “center”, or like they’re in a constant state of internal “tug of war”, all of which can lead to a state of paralysis, this workshop is for you.

As a licensed Marriage Family Therapist for the last 25 years, Sheila has been developing this “**PARTS WORK**” with her clients whether they are Codas, hearing, or deaf. The goal is to have “our Parts” work together better so that we find more wholeness and more happiness with all our Parts on our Coda Journey, and feel like we have a successful Tool Kit to accomplish all our life dreams.

Prerequisite: Having attended at least one CODA Conference after 1991 when Coda Parts and Coda Talk became a part of CODA Conferences and our “new normal”.

Space is limited. To register, send Sheila an email as soon as possible: Sheila@doublepride.com

Sheila will send you a PayPal Link in order to pay and reserve your spot. **Workshop fee: \$100 per person.**

Refund Policy: If for whatever reason, you are unable to attend this workshop, Sheila will offer you a Face Time Coaching session about your Coda Parts. Sheila loves working with Codas around the world through Face Time Coaching. Sheila enjoys coaching Codas on their journeys to living their lives happily ever after - Coda style!

Sheila Jacobs founded **CODA PARTS** in the 1990s after she faced her own OHCODA challenge involving a medical malpractice suit that left her deaf father paralyzed. This family trauma led to a breakthrough about her own deaf, hearing, and Coda Parts and the power of **CODA TALK** to help her find her own Coda path to wholeness and happiness.

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This workshop is brought to you by:



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