

### Natural and Organic Indian Café

#### Lunch • Dinner

"Eating together with those we love, eating nutritious food that has been prepared with love – this can nourish our inner needs, as well as our bodies. Taking time at meals to talk to each other and enjoy the meal as a shared sacrament is rare today. We need to slow down, take time to prepare nutritious meals and rearrange our schedules so that we can be together."

Eknath Easwaran











### OPEN 7 DAYS A WEEK MONDAY to SUNDAY: 11:30 a.m. ~ 2:30 p.m. & 5:00 p.m. ~ 9:30 p.m.

1912 Sir Francis Drake Blvd. • Fairfax, CA 94930 Tel: 415.457.7836 • Fax: 415.457.7946

Order online at www.cafelotus.com



Don't see your old favorite dish in this menu? Let us know, and we can make it for you!

#### **APPETIZERS**

VEGETABLE PAKORAS (V) (GF)
CHICKEN PAKORAS (GF)
Chicken breast fried in home made garbanzo bean flour batter served with tamarind & mint sauce
ONION PAKORAS (V) Onion fritters fried in mildly spiced garbanzo bean (besan) batter
MIXED GREEN SALAD (ORGANIC) Served with ranch or thousand island dressing (please ask)
VEGETABLE SAMOSAS Pastry stuffed with seasoned potatoes and peas (2 pieces) (V)
LAMB SAMOSAS Pastry stuffed with minced lamb and green peas (2 pieces)
Paneer Pakoras Homemade cheese stuffed with pesto and spices and dipped in our homemade garbanzo bean batter 9.95
PRAWN PAKORAS (GF)
CHICKEN CURRIES
*All chicken dishes are hormone free and antibiotic free.  Substitute organic chicken for \$1.50 extra
CHICKEN CURRY (GF) Chicken breast cooked in homestyle tomato-onion based punjabi curry
CHICKEN VINDALU - SPICY HOT (GF) Chicken cooked with potatoes and chili
CHICKEN SAAG (GF) Chicken cooked in a mildly spiced creamy spinach
CHICKEN TIKKA MASALA (GF) Chicken breast cooked in our homemade mild creamy masala sauce
CHICKEN COCONUT CURRY (GF)
Chicken breast cooked with coconut milk, white onion gravy, ginger, garlic, spices and a touch of basil
CHICKEN MAKHANI (GF) Dark meat tandoori boneless chicken cooked in a thick buttery masala sauce
SEAFOOD CURRIES
PRAWN CURRY (GF) Jumbo tiger prawns cooked in our simmered tomato-onion sauce and a variety of spices 16.95
PRAWN SAAG (GF)Prawns cooked in freshly chopped creamy spinach with ginger, garlic, tomatoes & cilantro 16.95
Prawn Vindalu (GF) Prawns cooked in our spicy tomato-onion gravy with potatoes & spices
TANDOORI PRAWN MASALA (GF) Tandoori prawns cooked in our homemade mildly creamy masala sauce 16.95
PRAWN COCONUT CURRY (GF) Prawns with coconut milk, ginger, garlic, spices and a touch of basil
LAMB CURRIES
ROGAN JOSH (GF) Natural lamb cooked in our simmered onion/tomato sauce & variety of spices
LAMB SAAG (GF) Natural lamb cooked in freshly chopped spinach with ginger, garlic, tomatoes & cilantro 16.95
KADAHI LAMB (GF) Natural lamb cooked in tomato/onion base, with tomatoes, onions & bell peppers, ginger & garlic 16.95
LAMB VINDALU - SPICY HOT (GF) Natural lamb cooked in our spicy tomato sauce with potatoes & spices 16.95
LAMB COCONUT CURRY (GF) Natural lamb cubes cooked in a mildly spiced coconut sauce with ginger, garlic,
spices & a touch of basil
LAMB TIKKA MASALA (GF) Natural lamb cubes cooked in our homestyle mild & creamy masala sauce

## VEGETABLE CURRIES - WE USE FRESH VEGETABLES

CHANNA MASALA (V) (GF) Organic garbanzo beans cooked in homemade tomato/onion sauce with herbs & spices
and a touch of tamarind sauce
DAL MAKHNI (GF) Mixed black lentils cooked with tomatoes, onions, ginger & green chilli
DAL TARKA (V) (GF) Organic yellow lentils cooked with tomatoes, onions, ginger & green chilli
ALCO GOBI (V) (GF) Organic cauliflower and potatoes cooked in onions, tomatoes, cilantro & spices
BENGAN BHARTHA (GF) Creamy delicately simmered eggplant cooked with green peas, tomatoes, cilantro & onion seeds13.95
SAAG ALCO (GF) Potatoes cooked with freshly chopped pesticide-free spinach, ginger, garlic & tomatoes
SAAG PANEER (GF) Fresh pesticide-free/organic spinach and organic paneer
PANEER TIKKA MASALA (GF) Homemade organic cheese cubes marinated & grilled to perfection and cooked in our mildly spiced creamy masala sauce
NAVRATTAN KORMA (GF) Organic mixed vegetables cooked in a thick creamy homemade yogurt sauce with organic paneer, nuts & raisins
MUSHROOM MASALA Mushrooms cooked with ginger, garlic, tomatoes, organic spices, and a touch of coconut milk
MALAI KOFTA (GF) Combination of organic cheese, potatoes, nuts & raisins blended with organic spices, with a
touch of ground cashews cooked in a yogurt sauce
VEGETARIAN COCONUT CURRY (V) (GF) Mixed vegetables cooked with coconut milk, ginger, garlic, spices and a touch of basil 14.95
TANDOORI Substitute organic chicken for \$1.50 extra
TANDOORI CHICKEN (HALF) (GF)
Two whole chicken legs marinated in a traditional style yogurt & spice sauce and cooked in the tandoor (dark meat only)
TANDOORI CHICKEN (FULL) (GF) Two whole chicken legs (dark meat) and chicken tikka kabab (white meat) marinated in yogurt & spices and cooked in the tandoor
CHICKEN TIKKA KABAB (GF) Boneless chicken breast marinated, roasted, and mildly spiced
CHICKEN HARBARA (GF) Boneless chicken cubes marinated in homemade cilantro & mint sauce on a skewer & roasted with spices17.95
TANDOORI PRAWNS (GF) Jumbo prawns lightly marinated with fresh lemon, a touch of garlic, chillies,
and spices, then roasted in the tandoor
PESTO PANEER KABAB (GF) 18.95
Homemade organic cheese cubes cooked with onions, bell peppers, holy basil, cilantro, yogurt & spices
SEEKH KABAB (GF) Fresh lean ground lamb with cilantro, cumin seeds, mint, onions, pressed on skewer and roasted 18.95
TANDOORI MIXED GRILLED (NOT VALID WITH ANY OTHER OFFER) (GF) A combination of tandoori chicken, chicken tikka kabab, tandoori prawns, and seekh kabab, topped with roasted onions, bell peppers, cilantro & fresh lemon
LAMB CHOPS (Please ask waiter for availability). 29.95
Marinated rack of lamb with Indian organic spices and verjus (non-fermented grape juice).
SIDE DISHES
PAPPADUM (V) (GF) Two thin baked lentil wafers served with tamarind and mint sauce
PICKLES (INDIAN) (V) (GF) Sweet & sour condiment. (Pickle Mango)
RAITA GF Organic homemade yogurt with fine chopped cucumber, tomatoes, potatoes, cilantro, carrots & spices3.95
MANGO CHUTNEY (V) (GF) Indian condiment
BASMATI RICE (NON-GMO) OR BROWN RICE (NON-GMO) Plain basmati rice with peas 3.50/3.95

# AAN All of our Indian Breads are made with organic flour

PLAIN NAAN Leavened bread baked in the tandoor
CHAPATI (V) Oven-baked bread (stone ground whole wheat flour - high protein)
GARLIC NAAN Naan topped with organic garlic & a touch of cilantro
ONION NAAN Naan stuffed with chopped red & green onions, and Indian spices
KABULI NAAN Naan stuffed with organic cashews, chopped marischino cherries, anise, coconut flakes & raisins4.75
KEEMA NAAN Naan stuffed with spiced ground <b>natural</b> lamb.
Paneer Naan Naan stuffed with homemade organic cheese
ALCO MINT PARATHA (V) Whole wheat bread stuffed with seasoned potatoes, peas, & mint
PARATHA (V) Flaky layered oven-baked Indian bread (stone ground whole wheat flour - high protein)4.99
Gluten Free Naan / Gluten Free Garlic Naan (V) (GF)
GLUTEN FREE PESTO NAAN (GF) / GLUTEN FREE PESTO GARLIC NAAN
All Biriyani served with Raita • All Gluten Free • Chicken / **Natural Lamb  VEGETARIAN / 14.95 CHICKEN / 15.95 LAMB** / 17.95 PRAWN / 17.95  Basmati rice, zucchini, cauliflower, carrots, mixed vegetables, green peas,
cashews, raisins and organic spices and your choice of the above.
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DESSERT  KHEER GF Traditional chilled rice pudding flavored with green cardamon, saffron, and a touch of cinnamon & rosewater 5.95
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COKE, DIET COKE, SPRITE, 7-Up.  KHEER GF Traditional chilled rice pudding flavored with green cardamon, saffron, and a touch of cinnamon & rosewater5.95  GULAB JAMUN Juicy light pastry made from milk, served with hot honey syrup
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COKE, DIET COKE, SPRITE, 7-UP