

Summary of Diocesan regulations for distribution of Holy Communion:

- The celebrant washes their hands thoroughly with soap and water before the service and/or use hand sanitizer immediately before the preparation of the Altar. After receiving the sacrament, the celebrant will use hand sanitizer again before serving others.
- All wear clean masks and remained distanced by household throughout the liturgy.
- The bread and wine are to remain covered throughout the eucharistic prayer.
- No one other than the celebrant is permitted to consume from the chalice.
- Communicants continue to wear masks and remain distanced while approaching the Communion station.
- Communion is to be distributed with the people standing, preferably in a place where there is ample space to prevent crowding.
- It is desirable to have hand sanitizer available for use by communicants as they approach and depart from the Communion station (we will make this available, and hand sanitizer will also be used by all at the entrance to and exit from the space).
- The celebrant is to drop the bread or wafer into the opened palms of the one receiving while avoiding touching their hands. Pressing the bread into the palm or delivering it on the tongue is not permitted.
- The communicant should step away from the Communion station at least six feet before lifting their mask briefly to consume the host.
- All remained masked and distanced by household while exiting.