



LAS SENDAS  
SPA AND FITNESS CENTER

# GROUP FITNESS LINE-UP

*Ready to upgrade  
your workout?  
Choose the class  
that suits your  
goals!*



YOGA | PILATES | CYCLE | STRENGTH | MEDITATION & MORE

**ALL INCLUSIVE CLASS SCHEDULE \$37 A MONTH**

Check the latest schedule & call us today!

SCAN  
ME



**480-832-6900**

