

# TAKE-A-BREAK COUPONS

**Supplies:** paper, scissors, markers

Create coupons inviting your parents/caregivers to take a break to play with you. You can use the printable purple and green fill in templates or make your own.

Ideas for activities: playing a board game or video game, going for a walk, reading a book, playing with a pet, going to a movie, baking a treat, building with blocks, etc. Anything your family enjoys doing together as a family.