

# What Is A Watershed?

A watershed is the region of land that drains to a particular body of water, such as a river or lake. Rain that falls anywhere in that watershed eventually flows to that body of water. It may travel overland as surface water or flow underground as groundwater.



## Watershed = Connections

Everything is connected in a watershed:

- Water enters the watershed as rain or snowmelt, soaking into the ground to replenish aquifers.
- Small springs feed wetlands and streams that in turn feed rivers and lakes.
- Water and nutrients cycle through the air, water bodies, vegetation, animals, soil, and aquifers.
- All life in the watershed depends on these cycles.



## Water - Trees - Fires

- Trees need water to grow. Water comes from healthy watersheds. Trees help to keep watersheds healthy.
- Thirsty trees succumb to disease and insects more readily than healthy trees.
- Dead trees are fuel for wildfires.



## The Water-Energy Connection

- It takes water to make energy. Conserving energy preserves water supplies.
  - It also takes energy to treat and deliver water to homes, schools, and businesses.
- So conserving water conserves energy, and conserving energy means fewer pollutants are produced.

## **Fountain Creek Watershed**

## Watershed and Climate

- Healthy watersheds temper the local climate.
- The shade from trees cools soil and air temperature which may reduce evaporation in hot climates.
- Leaves and needles break the impact of heavy rains.
- Vegetated landscapes protect against strong winds.

## Watershed/Carbon Connection

- Carbon is present all through our watersheds as a gas in the air and dissolved in water. It appears as living tissue in animals and plants or in mineral form in soils and rocks.
- Carbon is stored in the soil and in substances such as wood.
- Carbon is released through decomposition or fire.

