Maternal Health Services

A Guide for Families

Where to Start?

DUPAGE COUNTY HEALTH DEPARTMENT

DuPage Early Childhood Collaboration

Birth to Five ILLINOIS



Every pregnancy and postpartum journey is different. Whether you are looking for prenatal care, postpartum support, or infant needs, the sections below can help guide you to the right starting point.

Prenatal care:

Access Community Health Network (ACCESS) Link to Make an Appointment: www.myaccesshealth.net/myaccesshealth/openscheduling (866) 267-2353	A network of non-profit community health centers serving Cook and DuPage counties. • All patients are welcome at ACCESS and will not be denied services, regardless of their ability to pay or insurance status. • There are three ACCESS clinics that offer prenatal care: Addison, Bloomingdale, and West Chicago.
DuPage County Health Department (DCHD) – Childbirth Classes (630) 682-7400	DCHD regularly offers free childbirth classes. • Led by experienced doulas, classes help expecting parents feel confident, informed, and supported throughout pregnancy, labor, and delivery.
Medicaid Providers Search for a Medicaid Provider https://enrollhfs.illinois.gov/en/provider-search	Search for Medicaid providers that offer prenatal care near you. • Once on the website, select “Location”, enter in your zip code, and click on “Advanced Search”. • Under “Provider Specialty” Scroll down and select “Obstetric-Gynecology”. • You may also select your specific insurance by using the “Health Plan” filter.

Medicaid Presumptive Eligibility (MPE)

https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#MPE

(630) 682-7400

MPE offers immediate, temporary coverage for outpatient health services to pregnant individuals who meet income requirements. There are no co-payments or premiums in MPE.

In DuPage County, you can call DuPage County Health Department to learn more about MPE.

Moms and Babies

https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#momsbabies

(866) 255-5437

Moms and Babies offers healthcare for individuals while they are pregnant and for up to 12 months after the baby is born.

- Services for baby's first year of life are also covered.
- Moms & Babies coverage is the full Medicaid benefit package, including outpatient healthcare, inpatient hospital care, labor and delivery, primary and specialty care, and prescription drugs.
- Citizen status is not required.

VNA Health Care

Link to Make an Appointment
https://mychart.ochin.org/mychartVNAHealth/openscheduling

(630) 593-7080

A non-profit Community Health Center (CHC) that helps people of all ages in the western suburbs.

- The VNA clinics in Aurora, Elgin, and Bolingbrook offer prenatal care services.

Perinatal mental health (free):

988

Call or text.

When you call or text 988, you connect with a Certified Crisis Worker who is there to provide compassionate, confidential, one-on-one support, 24 hours a day, seven days a week.

Endeavor Health – Nurturing Moms

Classes & Events Registration
www.endeavorhealth.org/patients-visitors/classes-events/location#!/classes/search/

prenatal.classes@endeavorhealth.org

A virtual support group is for new and expectant moms who want support during the transition to parenthood.

- These sessions are also helpful for those experiencing symptoms of perinatal anxiety or depression.
- On the website, type in "Nurturing Moms" in the search bar to find information about these sessions.

Fussy Baby Network

erikson.edu/fussy-baby-network/

(888) 431-2229

Support for families who are struggling with their baby's crying, sleeping, or feeding during the early months.

- Talk with a trained specialist through a free phone consultation.
- Get support for calming, sleep, feeding, and early relationships.
- Learn strategies to better understand and respond to your baby.

MOMS Line (866) 364-6667	24/7 helpline for anyone needing support for perinatal depression and anxiety. • This helpline is available to all living in Illinois.
National Maternal Mental Health Hotline Call or text: (833) 852-6262	A confidential, mental health hotline available 24/7. • Trained counselors can connect you with local support groups, and refer you to health care professionals if needed.
Postpartum Depression Alliance of Illinois Postpartum Email Support From Mom Volunteers https://ppdil.org/contact-us-support/	Email postpartum support for moms in Illinois. • All volunteers are moms who want to help. • This is not a medical or psychological resource, but rather a listening ear that can answer questions and provide information about professional resources.
Postpartum Support International postpartum.net/ (800) 944-4773	Inclusive postpartum support offering: • A searchable database to find a trained therapist. • A phone number to help connect with mental health resources near you. • Free online support groups.

Family support programs:

DuPage Home Visiting Network (DHVN) Family Interest Form https://tinyurl.com/DuPageHV	Home visiting programs provide support to pregnant individuals and families with children under the age of five through regular visits to the home. • Learn how programs support child development, parent, and family well-being. • Get connected to a home visiting program that works best for your family.
Women, Infants, and Children (WIC) www.dupagehealth.org/444/Women-Infants-and-Children-WIC (630) 682-7400	The WIC program provides nutrition education, breastfeeding support, community referrals, and nutritious supplemental foods. • No-cost to eligible pregnant, postpartum, or breastfeeding women, infants, and children living in DuPage County.

Infant needs*:

Glen Ellyn Bible Church – Care Center www.gebible.org/care-center (630) 469-2964	The Care Center exists to provide support to the under-resourced in Glen Ellyn and the surrounding towns. • Guests are offered meals, groceries, diapers and wipes, and other needed resources. • The Care Center is open on the third Wednesday of each month.
Mary's Closet stpetschurch.org/serve-give/	Mary's Closet helps and serves local newborns, infants, young children and young families in DuPage County. • Diapers and infant/toddler clothing are provided.
Outreach House – First Things First Infant Needs — Food Pantry, Clothing Closet, and Immediate Assistance Nonprofit www.theoutreachhouse.org/first-things-first	Once a month, parents and guardians that reside in York Township, Glendale Heights, and Addison, with children up to the age of three (or older children, with special needs) receive diapers, baby hygiene items and infant feeding supplies, all as available.
St. Paul Lutheran Church – Hands and Feet Outreach https://stpaulvp.org/meet-us/our-hands-feet-outreach/ (630) 832-5580	Hands & Feet Outreach provides basic household necessities, personal care, diapers and wipes to residents of DuPage County. • The pantry is open on the first Sunday of each month from 2:00pm – 4:00pm.
Teen Parent Connection teenparentconnection.org	Teen Parent Connection supports parents aged 22 or younger by offering education, support, and resources, including: • Dads' Program • Doula and Home Visiting programs • Parents' Pantry • Parent Groups • Prevention Program • Therapeutic Counseling • Events such as car seat distribution and training

*Some health insurance providers can also provide diapers and cribs to families for little to no cost. Call your health insurance provider for more information.

Local Connections – Early Childhood Collaborations:

DuPage All Our Kids Early Childhood Collaboration (DAECC) dupagedaecc.org/	For families looking for trusted, local Early Childhood information and resources in DuPage County. • Learn about developmental screenings. • Explore "The Basics" to support early learning at home. • Access a local directory of services and resources.
Local Early Childhood Collaborations dupagefoundation.org/early-childhood-collaboratives/	For families looking to connect with Early Childhood programs and supports in their local area. • Find local events and family activities. • Connect with programs and services near you. • Access developmental screenings and early learning supports.