

Halton Sexual Confidence Virtual Workshop

\$25



- Formerly Halton Sex Esteem -

Presented by the Halton Sexual Health Network



Developing Healthy Relationships & Sexual Awareness

This 6 week, virtual workshop provides opportunities to discuss sexuality in an open, light hearted way using visual, tactile and interactive learning strategies. It will foster communication about sexuality and relationships between adults with a developmental disability and the people who support them, all while providing tangible skills and materials to promote healthy sexuality. (1 hour weekly/6 weeks)

Upcoming Dates:

~~Tuesday's: June 8 to July 13, 2021 - 6:30 - 7:30 pm~~

Wednesday's: Sept. 8 to Oct. 20, 2021 - 11:00am-12:00pm

Thursday's: Nov. 4 to Dec. 9, 2021- 6:30 to 7:30 pm

Tuesday's: January 11 to February 15, 2022 - 2:30 to 3:30pm

**To Register or For
More Information**

Please Contact:

Kelsey Gillan

905 510 3852 or

kgillan@cwsds.ca

Topics Include:

- Street Smarts
- Healthy Relationships
- Dating
- Consent & Boundaries
- Internet Safety
- Sexual Assault
- Parts of the body

It is recommended that participants attend with a support worker. (If a support worker is not accompanying participant, please let us know at registration.) Together they will form teams that playfully encourages everyone to develop sexuality confidence.

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Registration Information:

Session Date: _____

Participant Name: _____

Address: _____

Phone Number: _____

Support Worker Accompanying Participant? ☐ Yes ☐ No

Name: _____

Phone Number: _____

Special Considerations We Should Be Aware Of:

☐ Deaf/Hard of Hearing

☐ Visual Impairment

☐ Other: _____

Payment Method:

***All payment information will be sent out when registration is confirmed**

☐ Cheque ☐ E-Transfer ☐ Cash

**Send Registration forms to Kelsey Gillan at
kgillan@cwsds.ca**