

# *Halton Sexual Confidence Workshop*

**\$25**

- Formerly Halton Sex Esteem -



Presented by the Halton Sexual Health Network



## **Developing Healthy Relationships & Sexual Awareness**

This workshop provides opportunities to discuss sexuality in an open, light hearted way using visual, tactile and interactive learning strategies. It will foster communication about sexuality and relationships between adults with a developmental disability and the people who support them, all while providing tangible skills and materials to promote healthy sexuality.

**June 8 to July 13, 2021, 6:30 - 7:30 pm**

**To Register or For More Information Please Contact:**

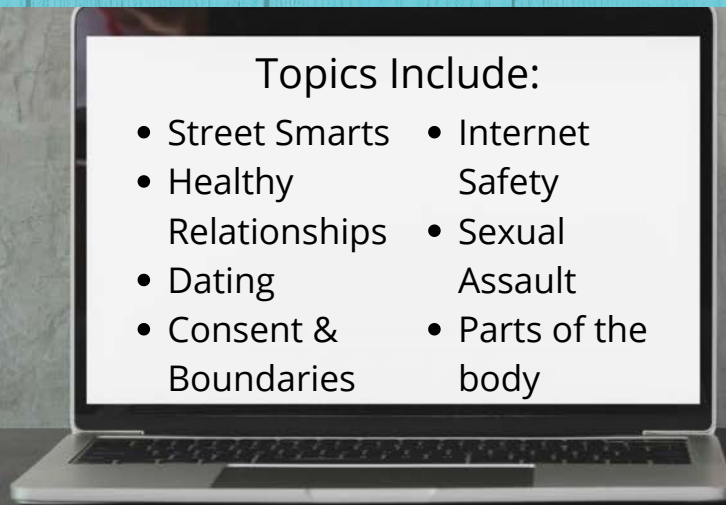
**Kelsey Gillan**

**905 510 3852 or**

**kgillan@cwsds.ca**

### Topics Include:

- Street Smarts
- Healthy Relationships
- Dating
- Consent & Boundaries
- Internet Safety
- Sexual Assault
- Parts of the body



**It is recommended that participants attend with a support worker. (If a support worker is not accompanying participant, please let us know at registration.) Together they will form teams that playfully encourages everyone to develop sexuality confidence.**



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## **Developing Healthy Relationships & Sexual Awareness**

### **Registration Information:**

**Session Date:** \_\_\_\_\_

**Participant Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Support Worker Accompanying Participant?** ☐ Yes ☐ No

**Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

#### **Special Considerations We Should Be Aware Of:**

☐ Deaf/Hard of Hearing

☐ Visual Impairment

☐ Other: \_\_\_\_\_

#### **Payment Method:**

☐ Cheque ☐ E-Transfer ☐ Cash

**Send Registration forms to Kelsey Gillan at 905 510 3852 or  
kgillan@cwsds.ca**