



**Grand Daze
In The LEC**
Page 2

**Woodlands
Recap**
Page 3

Highlights

**Mark Your
Calendar**
Page 4

September 2018 Vol. 2 No. 5

Sage Advice For JKV Residents Who Are Interested In Volunteering At The Woodlands

The culture at John Knox Village is so friendly and sharing that nearly 50 percent of residents volunteer in at least one way for the betterment of the entire community. There are so many important tasks that involve direct input from residents who make the Village the incredible place it is, in which to live and thrive.

One resident who has been intensely involved in the daily operations of the Village is Twylah Haun. She and her husband David were instrumental in bringing The Woodlands GREEN HOUSE® concept to fruition at JKV.

Twylah says that one of the most important and gratifying

experiences she has enjoyed in volunteering at JKV, is her responsibility as a Sage in The Woodlands.

"It has been a rewarding adventure to experience the process of creating real home, meaningful life and empowered staff. I love what this model of care offers both elders and staff," Twylah said.

Twylah is one of many Sages who volunteer at The Woodlands. Each Sage is assigned to a single home to allow for a deep understanding and close friendship with each Elder who lives in that particular home. Perhaps you, as an independent living resident of JKV, would like to join the Sages who provide a vital link between Elders and staff at The Woodlands.

Would You Like To Volunteer?

Do you have a gregarious personality, interpersonal skills and are able to work effectively with small groups? Do you have life

(See Sages on page 4)



The Dove Home staff gets together for their regular planning meeting with Mark Rayner, Director of Administration Skilled Healthcare, and Sage Twylah Haun.

Make A Difference And Share Your Sage Advice



As a Sage, you will volunteer in coordination with a dedicated direct-care team.

(From Sages on page 1)

experiences that have provided you with insights and wisdom and wish to share your knowledge? If so Twylah would like to speak with you. She lists some of the responsibilities and duties that Sages all have in common.

"The Sage serves as a coach and advisor to a self-managed team of direct care staff in The Green House homes," she said. "As a Sage, you will mentor, advise, facilitate, counsel and act as a role model to the self-managed work team."

Sages visit The Green House home on a regular basis and participate in team meetings, meals, life enrichment and other activities as appropriate.

"As a Sage, you will serve as a liaison between the direct care staff and Elders," she said. "You will also serve as a resource for the Elders and their families. You will encourage celebration of successes and help to enhance the philosophy of Meaningful Life."

If the challenge of becoming a Sage interests you, then take the next step and contact Twylah Haun to learn more about this rewarding volunteer opportunity. Give her a call at (954)-785-5055, or email her at dlandtkhaun@yahoo.com

This Month's Woodlands Events

- **Monday, September 17: Reiki I Class 2 p.m. in the Rejuvenate Spa.** Open to anyone who would like to learn more about the Reiki Energy method for relaxation, stress reduction and healing. Participants will learn about the history of Reiki and how to channel this energy to benefit themselves and others. \$50 fee covers two classes (9/18 and 10/1) along with written materials.
- **Wednesday, September 26: IN2L Demonstration (It's Never Too Late) 1:30 p.m. in the Egret Home.** Nathan Jones will demonstrate the many ways that the computer may be used to benefit our brain's neuroplasticity for individuals and groups. Elders and their families are encouraged to participate!



JOHN KNOX VILLAGE

A Life Plan Community • Pompano Beach • Where Possibility Plays

Mark Your Calendar:

September 6 - Birthday
Richard Cortright, Pine

September 8 - Birthday
Rose Hass, Swan

September 13 - Birthday
Wilma Ray, Swan

September 16 - Birthday
Joseph Quinn

September 19 - Birthday
Richard Smith, Magnolia

September 20 - Birthday
George Conger, Ibis

September 27 - Birthday
Geneva Yokel, Oak

September 28 - Birthday
Grace Assenza, Finch

THE Woodlands
AT JOHN KNOX VILLAGE

Front Desk:
(954) 247-5800

700 SW 4th Street
Pompano Beach, FL 33060

web WoodlandsJKV.com
f t+ WoodlandsJKV



The Woodlands at John Knox Village and John Knox Village is committed to compliance with all federal, state and local fair housing laws. It is our policy to offer senior living to those that qualify without regard to race, color, national origin, religion, sex, sexual orientation, familial status, or handicap. The employees of The Woodlands at John Knox Village and John Knox Village have a legal obligation to treat each individual in a consistent and equally fair manner. In order to assist you with your decision on your new home, we are providing a list of guidelines used to qualify residents for tenancy in our community. Please note that this is our current rental/ownership criteria; nothing contained in these requirements shall constitute a guarantee or representation by John Knox Village that all residents and occupants currently residing at the community have met these requirements. There may be residents and occupants that have resided the community prior to these requirements going into effect. Additionally, our ability to verify whether these requirements have been met is limited to the information we receive from various credit and screening services used.