

PHYSICAL ACTIVITY INCLUSION NEWS

JUNE 2017

Great Performances for Canadian Quad and Junior Wheelchair Tennis Teams at the 2017 World Cup



Canada was well-represented at the 2017 BNP Paribas World Team Cup. The tournament ran from May 1st-7th in Sardinia, Italy at two host venues: Baia de Conte and Alghero Tennis Club. Of the four playing categories at the tournament (men's, women's, quad and junior), Canada qualified for both the quad and junior categories, and was in competition with seven other nations to battle for their respective titles. Canada's quad team entered as the No.7 seeds and was led by Canada's reigning champion ranked No. 19 Rob Shaw

(pictured above) of North Bay, Ontario. Joining Shaw on the roster was No. 23 Mika Ishikawa (Vancouver, BC), No. 27 Gary Luker (Stoney Creek, ON), and former No. 2 Sarah Hunter (Surrey, BC). Canada's quad team met their objective of a top six finish in order to secure a spot for next year's World Team Cup. The team fell shy of a fifth place finish after a loss to the Netherlands. With Canada not sending a junior team to the World Team Cup in 15 years, excitement rose as the team was stacked with three young and talented players: No. 11 Pui-sang Li (Toronto, ON), Thomas Venos (Anmore, BC) and No. 16 Tomas Bourassa (Delta, BC). The team was entered as the No. 3 seeds after being awarded a wild card by the International Tennis Federation. Canada's junior team was just shy of a medal after a loss to Brazil. The junior team's hard work and dedication in Italy has allowed them to also secure a spot for next year's tournament.

CPC Welcomes New Board of Directors



At this year's 2017 Annual General Meeting, the Canadian Paralympic Committee (CPC) elected a new board of directors consisting of a president, vice-president and seven directors expected to serve four-year terms from 2017 to 2021. Marc-André Fabien takes over as the new president of the CPC. Fabien has been actively involved in Paralympic sport for over 20 years and has held numerous roles within the organization including vice-president and previous board member on the Paralympic Foundation of Canada Board of Directors. Gail Hamamoto, Executive Director of the BC Wheelchair Sports Association, has been named the new vice-president of the CPC. Hamamoto has over 25 years of professional experience with wheelchair sports in a number of roles including athlete and coach. Dr. Lindsay Bradley, Andrea Carey, Rick Baker, Ellen Waxman, Rem Langan, Tyler Mosher and Robert Fentz were elected as the seven Directors of the board.

Inductees Celebrated at 2017 Paralympic Hall of Fame and Sport Awards



Five accomplished individuals were inducted into the Canadian Paralympic Hall of Fame at the Canadian Paralympic Hall of Fame and Sport Awards ceremony. The ceremony took place on April 7th at the Infinity Convention Centre in Ottawa, Ontario. The evening is not only dedicated to Hall of Fame inductions as excellence in both athletic performance and coaching are also recognized at the ceremony. Paralympic alpine skier Karolina Wisniewska (pictured above), was inducted into the athlete category for her outstanding Paralympic performances. Ozzie Sawicki was inducted into the coaching category for his multi-level and multi-sport coaching expertise. Carla Qualtrough, Archie Allison and Maureen Orchard (Winnipeg, Man) were honoured as inductees into the builder category for their constant support and dedication to Canadian Paralympic sport.

Ducharme Named Head Coach of Senior Women's National Wheelchair Basketball Team

Marc Antoine Ducharme has been appointed as the head coach of the Canadian Senior Women's National Wheelchair Basketball Team. Ducharme is already an extremely active member of Canada's wheelchair basketball community as he is the current general manager of Parasports Quebec, while continuing to play and coach the sport for a variety of skill levels. Ducharme was the assistant coach for the extremely successful 2006-2007 Senior Men's National Team, which captured gold and silver medals at the world championship and Parapan American Games respectively. Ducharme's prior experience and successes will play a vital role in the Senior Women's National Team's work towards earning a berth to next year's world championships at the America's Cup scheduled to take place in Cali, Colombia later this summer.

Information on the National Blueprint for Injury Prevention in Drivers with Arthritis

English:

People with arthritis diseases are at higher risk for car crashes. When operating a motor vehicle, these drivers may experience pain, fatigue, decreased mobility, joint stiffness and decreased reaction time. Because of arthritis, they may have problems with seating for long periods, getting in and out of the car and doing a shoulder check while back up or changing lanes.

A new **National Blueprint for Injury Prevention in Drivers with Arthritis** has been launched as a guiding document for teams interested in advancing research, training curricula, practices and policies to support drivers with arthritis. This blueprint is directed towards the health and wellness needs of the over 4.6 million Canadians diagnosed with arthritis who want to maintain their occupation of driving.

Français:

Les personnes atteintes d'arthrite courent beaucoup plus de risques que la population générale d'être impliquées dans des accidents de voiture. Lorsqu'ils conduisent un véhicule motorisé, ces conducteurs peuvent avoir de la douleur, de la fatigue, une perte de mobilité, une raideur articulaire et un temps de réaction réduit.

Le nouveau **Plan d'action national pour la prévention des blessures chez les conducteurs atteints d'arthrite** a été élaboré afin de guider les équipes qui souhaitent faire progresser la recherche, les programmes d'enseignement, les pratiques et les politiques visant à soutenir les conducteurs atteints d'arthrite. Ce plan d'action est conçu pour soutenir la santé et le bien-être de plus de 4.6 millions de Canadiens atteints d'arthrite qui cherchent à maintenir leur occupation de conduire.

National Blueprint for Injury Prevention in Drivers with Arthritis

[Access The National Blueprint for Injury Prevention in Drivers with Arthritis document \(2017\)](#)

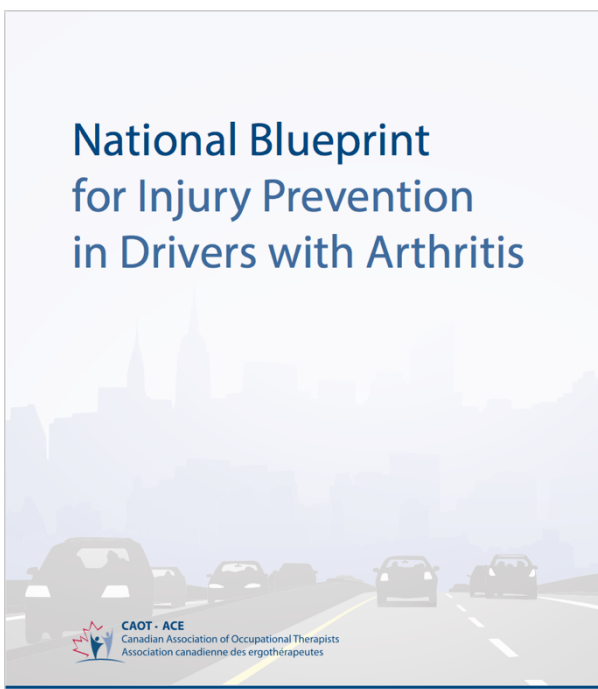
[Consultez les documents du Plan d'action national pour la prévention des blessures chez les conducteurs atteints d'arthrite \(2017\)](#)

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Q & A's:



What is the Active Living Alliance for Canadians with a Disability (ALACD)?

ALACD is a partnership of organizations and individuals whose mutual aim is the inclusion and promotion of active living for Canadians with disabilities.

Who does ALACD serve?

The Alliance is dedicated to individuals of all disabilities including physical, sensory, mental health, intellectual and cognitive.

Where is the ALACD?

We have a new virtual office at www.ala.ca (coming soon)

What is the Vision of the ALACD?

The Alliance's vision is a society where all Canadians lead active and health lives. But we are only as strong as our members.

Do you want to join ALACD?

We are actively seeking your support. If you want to join this amazing group of agencies and individuals let us know at jane@ala.ca

What are the benefits to membership?

As a member, you have access to many valuable resources such as:

- ***Moving to Inclusion***
- ***All Abilities Welcome***
- ***Youth Ambassadors Toolkit***
- ***Adapted Equipment Manual***
- **Information updates of *best practices, research, and innovative programs***

Follow Up with the Stories!

Team Canada sending quad and junior team to BNP Paribas World Team Cup in Italy:

<http://sirc.ca/news/team-canada-sending-quad-and-junior-team-bnp-paribas-world-team-cup-italy>

Recap of 2017 World Team Cup (Tennis Canada):

<http://www.tenniscanada.com/?s=world%20team%20cup>

Marc-André Fabien elected President of the Canadian Paralympic Committee:

<http://sirc.ca/news/marc-andre-fabien-elected-president-canadian-paralympic-committee>

Inductees gathering in Ottawa for 2017 Paralympic Hall of Fame and Sport Awards Ceremony:

<http://sirc.ca/news/inductees-gathering-ottawa-2017-paralympic-hall-fame-and-sport-awards-ceremony>

Marc Antoine Ducharme Named Head Coach of Canadian Senior Women's National Team:

<http://sirc.ca/news/marc-antoine-ducharme-named-head-coach-canadian-senior-womens-national-team>

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