



St. Louis

Program Schedule

HelpLine open 7 days a week 9am-5pm.
Call 314-962-4670 or email info@namistl.org

W E D 6 / 1 7 / 2 0	T H U R S 6 / 1 8 / 2 0	F R I 6 / 1 9 / 2 0	S A T 6 / 2 0 / 2 0	S U N 6 / 2 1 / 2 0	M O N 6 / 2 2 / 2 0
Get to Know NAMI St. Louis For anyone in the community that would like to learn more about what services NAMI St. Louis provides. 12:00pm-1:00pm <u>Register here!</u>	Online Family Support Group For family members, friends, loved ones of adults with mental health concerns. 7:30pm-9:00pm <u>Register here!</u>	Community Check-In Come socialize with us while social distancing! 9:30pm-10:00am <u>https://us02web.zoom.us/j/3612331837</u> Meeting ID: 361 233 1837 By Phone: 301 715 8592	No Programming!	Online Connections Recovery Support Group For adults (18+) living with mental health concerns. 2:00pm-3:30pm <u>Register here!</u>	Online Family Support Group For family members, friends, loved ones of adults with mental health concerns. 6:00pm-7:30pm <u>Register here!</u>

Visit <https://www.namistl.org/online-programming/> for more information about Online Programming.



National Alliance on Mental Illness

St. Louis

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T U E S 6 / 2 3 / 2 0	W E D 6 / 2 4 / 2 0	T H U R S 6 / 2 5 / 2 0	F R I 6 / 2 6 / 2 0	S A T 6 / 2 7 / 2 0	S U N 6 / 2 8 / 2 0
Community Check-In Come socialize with us while social distancing! 11:30am-12:00pm <u>https://us02web.zoom.us/j/3612331837</u> Meeting ID: 361 233 1837 By Phone: 301 715 8592	Online Speaker Series Featuring speakers with lived experience sharing their journey with their mental health condition. 5:00pm-6:00pm <u>Register here!</u>	Family & Friends Seminar For anyone in the community that would like to learn more about mental health. 1:00pm-3:00pm <u>Register here!</u>	Community Check-In Come socialize with us while social distancing! 2:00pm-2:30pm <u>https://us02web.zoom.us/j/3612331837</u> Meeting ID: 361 233 1837 By Phone: 301 715 8592	Netflix Nights with NAMI St. Louis Join us as we watch movies on Netflix Party that have mental health themes & engage in discussion. 2:00pm-4:30pm <u>Register here!</u>	Online Connections Recovery Support Group For adults (18+) living with mental health concerns. 2:00pm-3:30pm <u>Register here!</u>

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