



St. Louis

Program Schedule

HelpLine open 7 days a week 9am-5pm.

Call 314-962-4670 or email info@namistl.org

W E D 6 / 1 7 / 2 0	T H U R S 6 / 1 8 / 2 0	F R I 6 / 1 9 / 2 0	S A T 6 / 2 0 / 2 0	S U N 6 / 2 1 / 2 0	M O N 6 / 2 2 / 2 0
<p>Get to Know NAMI St. Louis For anyone in the community that would like to learn more about what services NAMI St. Louis provides.</p> <p>12:00pm-1:00pm <u>Register here!</u></p>	<p>Online Family Support Group For family members, friends, loved ones of adults with mental health concerns.</p> <p>7:30pm-9:00pm <u>Register here!</u></p>	<p>Community Check-In Come socialize with us while social distancing!</p> <p>9:30pm-10:00am <u>https://us02web.zoom.us/j/3612331837</u></p> <p>Meeting ID: 361 233 1837 By Phone: 301 715 8592</p>	<p>No Programming!</p>	<p>Online Connections Recovery Support Group For adults (18+) living with mental health concerns.</p> <p>2:00pm-3:30pm <u>Register here!</u></p>	<p>Online Family Support Group For family members, friends, loved ones of adults with mental health concerns.</p> <p>6:00pm-7:30pm <u>Register here!</u></p>

Visit <https://www.namistl.org/online-programming/> for more information about Online Programming.



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T U E S
6 / 2 3 / 2 0

Community Check-In
Come socialize with us
while social distancing!

11:30am-12:00pm
<https://us02web.zoom.us/j/3612331837>

Meeting ID:
361 233 1837
By Phone:
301 715 8592

W E D
6 / 2 4 / 2 0

Online Speaker Series
Featuring speakers with lived
experience sharing their
journey with their mental
health condition.

5:00pm-6:00pm
[Register here!](#)

T H U R S
6 / 2 5 / 2 0

Family & Friends Seminar
For anyone in the
community that would like
to learn more about mental
health.

1:00pm-3:00pm
[Register here!](#)

F R I
6 / 2 6 / 2 0

Community Check-In
Come socialize with us
while social distancing!

2:00pm-2:30pm
<https://us02web.zoom.us/j/3612331837>

Meeting ID:
361 233 1837
By Phone:
301 715 8592

S A T
6 / 2 7 / 2 0

**Netflix Nights with
NAMI St. Louis**
Join us as we watch movies
on Netflix Party that have
mental health themes &
engage in discussion.

2:00pm-4:30pm
[Register here!](#)

S U N
6 / 2 8 / 2 0

**Online Connections
Recovery Support Group**
For adults (18+) living with
mental health concerns.

2:00pm-3:30pm
[Register here!](#)

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