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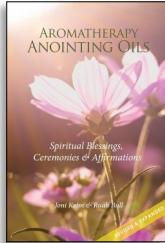
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AROMATHERAPY

Joni Keim has worked in the alternative health field for over 30 years as a practitioner, educator, consultant, and author. She has certificates in aromatherapy, wholistic health sciences, massage, nutrition, flower essence therapy, therapeutic touch, and energy healing. Joni is a consultant for the natural product and wellness industries. She specializes in integrating alternative therapies into lifestyle and wellness programs.

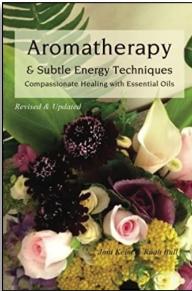


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Explore the historical, contemporary, and sacred art of anointing using nature's own essential oils. Aromatherapy anointing bestows healing, honor, devotion, and blessings. More than 80 different essential oils are profiled. The profiles include spiritual teachings, effect on subtle anatomy, occasions for use, blessings, and affirmations.

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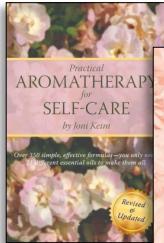
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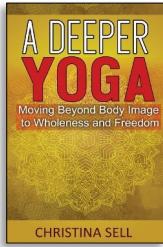
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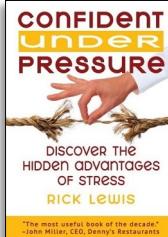
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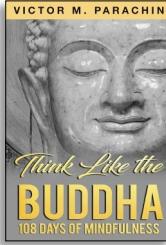


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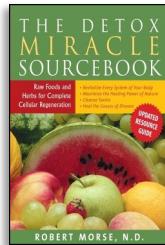
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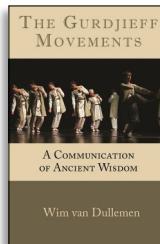
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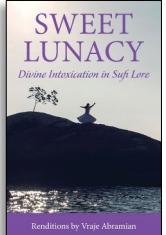


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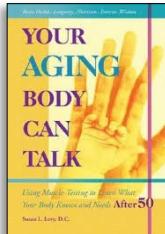


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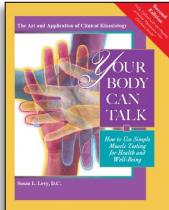
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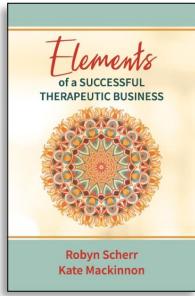
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ALTERNATIVE HEALTH





ELEMENTS OF A SUCCESSFUL THERAPEUTIC BUSINESS

Robyn Scherr and
Kate Mackinnon

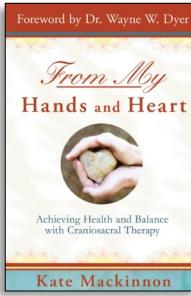
This book is a focused exploration for practitioners in private practice who are dedicated to their own growth and self-knowledge. You are invited to delve deeply to discover why you do what you do, who you are meant to serve and how to inspire them, and what makes you unique in your work. Following the authors' Business Paradigm gives you the tools you need to build a business that adapts, thrives, and grows with you.
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ENTREPRENEURSHIP



FROM MY HANDS AND HEART

Achieving Health and Balance with Craniosacral Therapy

Kate Mackinnon
Forward by Dr. Wayne Dyer

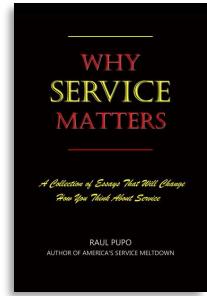
Craniosacral Therapy is made understandable for everyone in *From My Hands and Heart*. Kate Mackinnon interweaves her personal journey of using CST with case studies and detailed, easy-to-understand explanations of the theory behind it. You will learn simple, safe techniques that almost anyone can perform and receive. Most important, you'll gain a deeper understanding of the amazing powers of the human body and how it can find its own way to balance and health.

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BODY MIND SPIRIT/HEALTH



WHY SERVICE MATTERS

A Collection of Essays that Will Change How You Think About Service

Raul Pupo

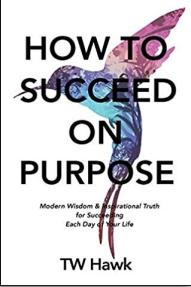
Customer satisfaction ratings continue an inexorable downward slide with no apparent end in sight. Worse, there does not appear to be any cause for optimism that the shoddy service being dished out to consumers will improve any time soon. That is, not unless and until leaders come to grips with the fact that service to the customer is grounded on four foundational propositions as Raul Pupo makes abundantly clear in this anthology of over fifty standalone essays.

Raul Pupo is an entrepreneur, venture capitalist, consultant and educator teaching success through a service philosophy.

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ECONOMICS/CUSTOMER SERVICE



HOW TO SUCCEED ON PURPOSE

Modern Wisdom & Inspirational Truth for Succeeding Each Day of Your Life

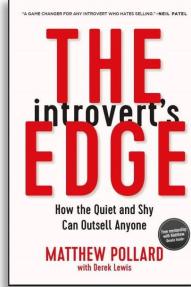
TW Hawk

Whether seeking insight or solution, encouragement or affirmation, guidance or answer, *How To Succeed On Purpose* is a tool to uncover your "Ultimate You" through your own inner wisdom. Power your transformation through inspirational, bite-sized principals that lead you to your most meaningful life and to your most fulfilling work. This gentle guidebook inspires your greatest self through living principals you can easily synthesize as your own. Concise chapters offer unconventional insights that take just a few moments to read but can change your life forever.

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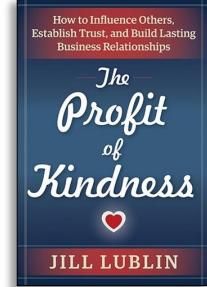
THE INTROVERT'S EDGE

How The Quiet and Shy Can Outsell Anyone

Mathew Pollard

SALES

Page 7



THE PROFIT OF KINDNESS

How to Influence Others, Establish Trust, and Build Lasting Business Relationships

Jill Lublin

When kindness becomes your primary goal, everything changes: how you look at life, what you get from it, and how others interact with and relate to you. *The Profit of Kindness* will help you master the art of building trusting, long-lasting relationships through open, non-adversarial interchanges that result in mutually beneficial outcomes. A basic adjustment in attitude and approach can substantially improve virtually every facet of your life. Focus more on giving and working with others rather than simply "winning"—because doing so is guaranteed to help you actually win.

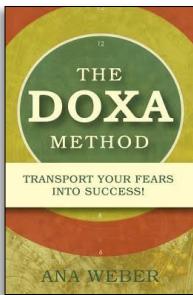
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BUSINESS/PSYCHOLOGY

ANA WEBER

Ana Weber is a financial turnaround and time management expert who specializes in coaching entrepreneurs of small to medium-sized businesses.

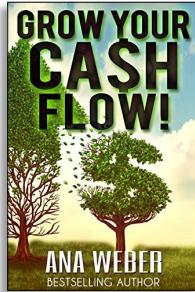


The DOXA Method is a revolutionary, effective, unique and realistic method Ana applied for over twenty-five years at the organizations she held positions such as CFO, CEO, COO, VP of Sales, and VP of Relationships. The DOXA Method has a direct link to leadership and business success.

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GROW YOUR CASH FLOW

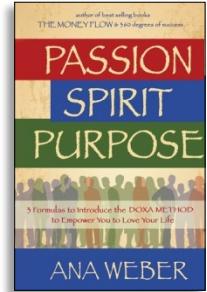
Money has to flow. Keeping it bottled up makes money your unwilling slave, not your friend and companion. The whole economy revolves around money circulating from one person or business to another to another. Attitude is everything. Once you change your attitude toward money, doors of possibility will open to you.

Grow Your Cash Flow provides essential tools for enhancing leadership and taking the driver seat in your life vehicle. Ana Weber is a self-improvement coach and best-selling author. She teaches the DOXA Method.

ENTREPRENEURSHIP

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PASSION SPIRIT PURPOSE

3 Formulas to Introduce the DOXA METHOD to Empower You to Love Your Life

Passion Spirit Purpose focuses on the human mind, body, and spirit. This book provides reality tools to deal with life transitions, family, love, passion, and intimacy challenges. It empowers the reader to take a step and cross the bridges of life regardless of how difficult it may seem.

What if we lost ourselves in the process of life and never found the way back? We experience life and battle with life as a natural habit. This book shows you alternatives and supports you through difficulties so you too can join in the success you are destined for and, most importantly, live a life of meaning and purpose.

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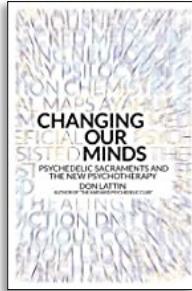
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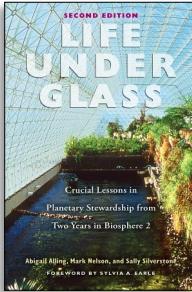
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Don Lattin

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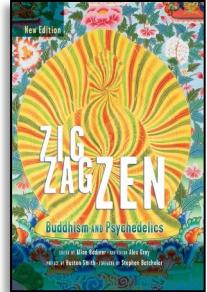


BEYOND THE NARROW LIFE
A Guide to Psychedelic Integration and Existential Exploration

Dr. Kile Ortega

A framework for understanding psychedelic-assisted therapy.

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ZIG ZAG ZEN
Buddhism and Psychedelics

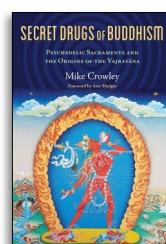
Allan Badiner
Alex Grey

Buddhism and psychedelic exploration share a common concern: the liberation of the mind.

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SECRET DRUGS OF BUDDHISM
Psychedelic Sacraments and the Origins of the Vajrayana

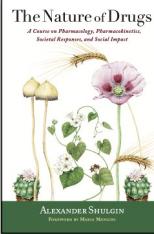
Mike Crowley
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THE NATURE OF DRUGS

A Course on Pharmacology, Pharmacokinetics, Societal Responses and Social Impact Vol 1

Alexander Shulgin

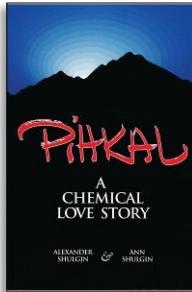
The Nature of Drugs is the story of humanity's relationship with psychoactive substances from the perspective of a master psychopharmacologist. Derived from a lecture series by "Sasha" Shulgin at SFSU on the origins of drugs, how they work, how they are processed in the body, and how they affect our society.

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CONSCIOUSNESS & PSYCHEDELICS



PiHKAL

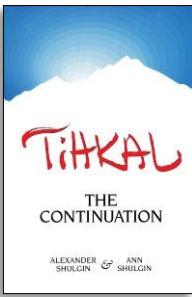
A Chemical Love Story
Alexander "Sasha" and Ann Shulgin

Tells the tale of a psychopharmacologist and his wife/research partner, and recounts decades devoted to the creation and investigation

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The Continuation

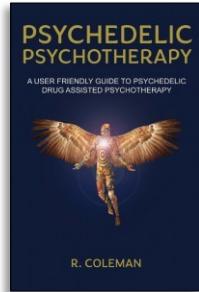
This is the continuation of the love story from *PIHKAL: A Chemical Love Story* with a blend of travel, botanical facts, scientific speculation, and psychological and political commentary.

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PSYCHEDELIC PSYCHO- THERAPY

A User Friendly Guide to Psychedelic Drug Assisted Psychotherapy

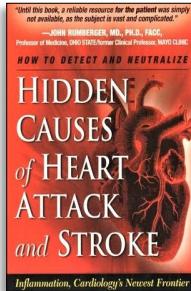
R. Coleman

Psychedelic Psychotherapy is a comprehensive, easy-to-read resource for therapists and laypeople who need practical guidelines for psychedelic drug-assisted psychotherapy. This book contains valuable insiders' information for those using psychedelics for their own healing, and for practitioners who facilitate their sessions. Its focus is the nitty-gritty of healing trauma using MDMA, LSD, and psilocybin. It includes step-by-step guidance on how to safely and effectively navigate through the psychedelically enhanced healing process.

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PSYCHOPHARMACOLOGY



HIDDEN CAUSES OF HEART ATTACK AND STROKES

Inflammation, Cardiology's Newest Frontier

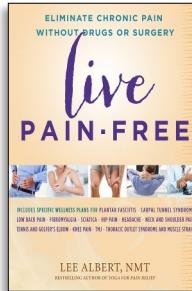
Christian Wilde

Written in layman's terms to inform and protect you and your family from "hidden" underlying causes, beyond cholesterol, that put one at risk of heart attacks and strokes. The reader will also find important information for those who have already experienced a prior event. This book is highly endorsed by the Directors of Preventive Cardiology of five major universities. Credited with being one of the first books to inform the public on inflammation's role in heart disease, the book has updated data to add. "One must be involved and informed with their own healthcare," says Wilde.

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HEART DISEASE



LIVE PAIN FREE

Eliminate Chronic Pain Without Drugs or Surgery (2nd edition)

Lee Albert

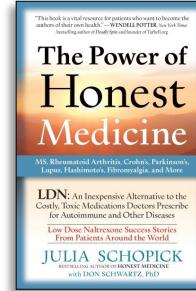
Neuromuscular therapist and pain specialist Lee Albert teaches in this book how to quickly identify the most common misalignments and get your body back into balance and back to health using a gentle self-care approach. He delivers simple, therapeutic techniques that anyone can do and includes specific healing plans for thirteen common conditions. Albert is an instructor and practitioner at the Kripalu Institute and featured in a special PBS series on health on American TV.

MULTI AWARD WINNER

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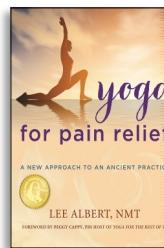
SELF HELP



THE POWER OF HONEST MEDICINE

Julia Schopick with
Don Schwartz, PhD

This book is about Low Dose Naltrexone (LDN) a cutting-edge treatment for autoimmune diseases that has become a *cause célèbre*, with thousands of patients around the world experiencing excellent results, thousands of doctors prescribing it, many websites devoted to it, and numerous Facebook and other online groups promoting it.

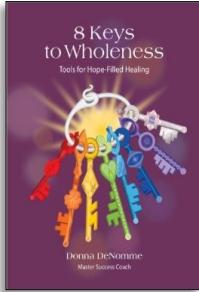


The Power of Honest Medicine contains 18 personal accounts of patient successes with LDN from around the world, including Belgium, Finland, France, Germany, Italy, the Netherlands, Norway, Spain, the US and the UK.

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HEALTH



8 KEYS TO WHOLENESS *Tools for Hope-Filled Healing*

Donna DeNomme

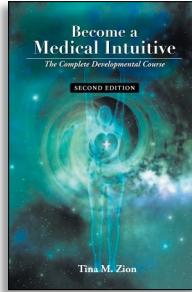
A seasoned spiritual teacher, shamanic healer, and Master Success coach shares dynamic healing strategies using the chakra system as a container for our personal stories, drawing on inner resilience, and accessing enduring strength. Ultimate truth is not found in our stories of wounding, but rather in the discovery of how to heal those wounds. *8 Keys to Wholeness* exposes powerful tools for greater self-assurance, a deeper sense of satisfaction, hope-filled healing, transformation, and joyful personal growth.

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MOTIVATIONAL



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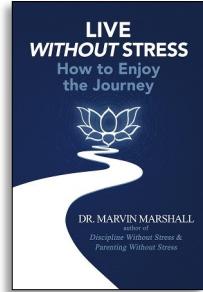
Tina M. Zion

This teaching manual is for lay people, medical practitioners, energy healers, professional intuitives, mediums, and anyone who yearns to develop their intuitive abilities. It is a complete step-by-step training experience.

A medical background is not necessary to excel as a medical intuitive. You are already intuitive. It is only a matter of noticing all of the information you are receiving in a different way. When you are finished you will have truly developed x-ray vision.

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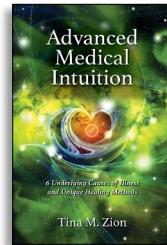
BODY/MIND/SPIRIT/HEALTH



LIVE WITHOUT STRESS *How to Enjoy the Journey*

Dr. Marvin Marshall

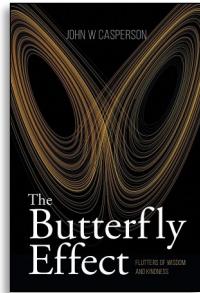
A fresh and innovative read, detailing the ways individuals can improve their lives by reducing stress. Written in simple language, the book demonstrates how to use some basic strategies to significantly reduce stress, promote responsibility, increase effectiveness, improve relationships, and truly enjoy life's experiences. The book shows how the brain-body connection can be used to reduce and relieve stress. But YOU WILL need to practice what the book shares.



ERIC HOFFER AWARD WINNER

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SELF-HELP/WELLNESS



THE BUTTERFLY EFFECT

Flutters of Wisdom and Kindness

John W. Casperson

The
Butterfly
Effect

FLUTTERS OF WISDOM AND KINDNESS

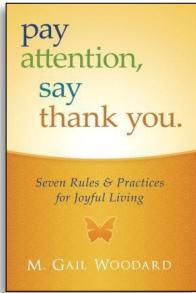
A flutter of kindness or wisdom can shake the world. *The Butterfly Effect* accentuates the need for Random Acts of Kindness. It contains hundreds of “flutters” of wisdom and kindness from an eclectic composition of sources from Aristotle to Emile Zola, from Plato to Rudyard Kipling, from Booker T. Washington to Leo Tolstoy, Karl Marx to Janis Joplin. This work attempts to synthesize different thoughts and observations from people, past and present, from different cultures, East and West.

John Casperson has written or edited over 6 books, both non-fiction and fiction.

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PHILOSOPHY



PAY ATTENTION, SAY THANK YOU

Seven Rules & Practices for Joyful Living

M. GAIL WOODARD

M. Gail Woodard

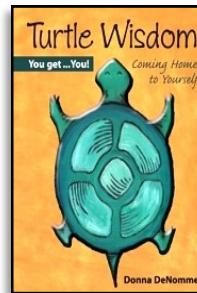
Learn how to live more vibrantly, more creatively and more joyfully by practicing seven techniques, some as simple as paying attention, saying thank you and being quiet. Warm and engaging, this book addresses issues of forgiveness, fear, and the need for quiet reflection, meditation and gratitude. The author provides plenty of examples and exercises. Practice seeing the small gifts in every day.

**AMAZON BEST SELLER (KINDLE)
ARIZONA BOOK AWARD**

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SELF-HELP/WELLNESS



TURTLE WISDOM

Coming Home to Yourself

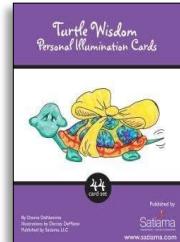
Donna DeNomme

An endearing book of comfort, encouragement, inspiration and strategies for empowerment living, delightfully illustrated. When all else is lost, you carry with you what is most precious and essential: You! Over 10,000 sold in US.

***MOM'S CHOICE
AWARD**

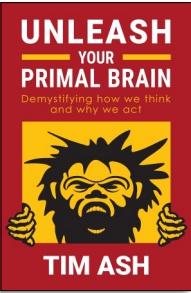
***NATIONAL BEST
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***EVVY MERIT
AWARD**



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UNLEASH YOUR PRIMAL BRAIN

Demystifying How We Think And Why We Act

Tim Ash

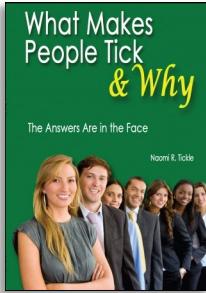
Do you want to understand how your brain works to help you in business, relationships, and personal development? *Unleash Your Primal Brain* illuminates the fundamental “why’s” behind our actions from an evolutionary perspective. From the rise of the earliest life on earth to our uniquely human recent adaptations you will come away with a deep understanding of how the brain evolved, and why we act the way that we do.

Tim Ash is an authority on digital marketing and evolutionary psychology. His first book sold over **50,000 copies** and is translated into six languages.

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EVOLUTIONARY PSYCHOLOGY



WHAT MAKES PEOPLE TICK & WHY

The Answers are in the Face

Naomi R. Tickle

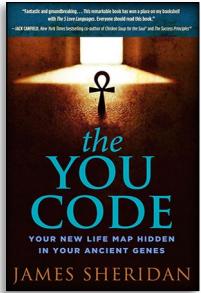
This book gives detailed descriptions of facial features that indicate innate abilities, how people process information, and their style of communication.

Tickle offers chapter-by-chapter summaries on how to use this information in sales, relationships, understanding children, and career. It includes helpful indexes and glossaries for quick reference, and is a clearly written and easy-to-understand introduction to the science of face reading. *Ask about Tickle's new internet d*ating program.

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INTERPERSONAL



THE YOU CODE

Your New Life Map Hidden In Your Ancient Genes

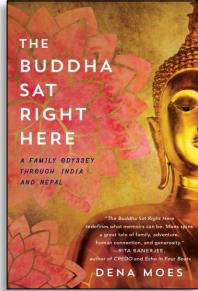
James Sheridan

No matter what you've been through, there's a force inside you that is you and cannot be taken away. This groundbreaking system shows you the missing connections between ancient history, genetics, and a forgotten but powerful psychological theory. *The YOU Code* defies the conventional self-improvement message of changing who you are, and instead invites you to awaken to your true self. Discover what you once were and what's still living inside you. James Sheridan's previous book *The Pandora Prescription* about the dangers of Big Pharma was an international best-seller and is being re-released as an e-book.

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EVOLUTIONARY PSYCHOLOGY



THE BUDDHA SAT RIGHT HERE

A Family Odyssey Through India and Nepal

Dena Moes

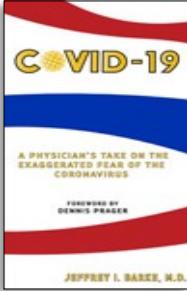
Dena Moes, her husband, and their preteen daughters shouldered backpacks and walked away from their American life to criss-cross India and Nepal for eight months. Their journey led them to His Holiness the Dalai Lama, the tree where the Buddha sat, and Amma the Divine Mother. From the banks of the Ganges to the Himalayan roof of the world, this enthralling memoir is an unforgettable odyssey, a moving meditation on motherhood and marriage, and a spiritual quest, written with humor and honesty—and filled with love and awe.

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FAMILY/MEMOIR



COVID-19

A Physician's Take On The Exaggerated Fear of the Coronavirus

Jeffrey I. Barke, M.D.

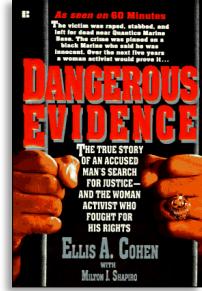
A physician and local leader in Orange County, California, offers his reality check to the standard mainstream government and media messaging about the COVID-19 pandemic.

His position is that absurd, overreactive government and societal responses to the coronavirus, like school and business closures, have destroyed common sense, threatened the healthy exchange of germs, and sucker-punched economic norms.

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HEALTH



DANGEROUS EVIDENCE

Ellis A. Cohen

Recounts the true story of the high-profile rape case of a Marine's wife. The military justice system rushed to convict Black Marine corporal Lindsay Scott, who, despite no evidence against him, was charged with attempted murder, kidnapping, rape, and sodomy. Civil rights activist Lori Jackson single-handedly leads the charge to successfully free this innocent man.

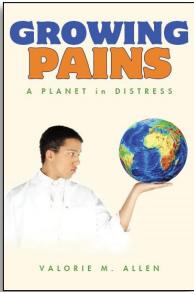
A popular movie by the same name and NAACP award nominee.

Ellis A. Cohen is an investigative journalist, author, movie producer and more.

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TRUE CRIME/CIVIL RIGHTS



GROWING PAINS

A Planet in Distress

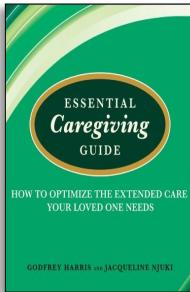
Valorie M. Allen

Growing Pains is a provocative and critically acclaimed book that addresses rampant population growth, as it points us toward a path to sustainability. Allen presents sound facts and data and proposes practical solutions. When you read this compelling book, you realize that the long and good fights by our environmentalists and world aid groups are all for naught, as every gain is soon overwhelmed by the pressures of more population growth.

Although human beings crave nature, our arrogance and “anthropocentrism” has led to a depleted and unsustainable environment.

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ENVIRONMENTALISM



ESSENTIAL CAREGIVING GUIDE

How To Optimize The Extended Care Your Loved One Needs

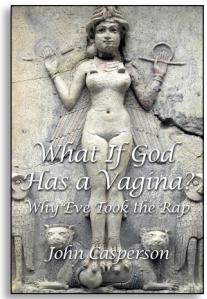
Godfrey Harris and Jacqueline Njuki

The *Essential Caregiving Guide* is written and designed to provide those who supervise the caregiving needs of individuals who cannot care for themselves an understanding of the responsibilities of a caregiver along with detailed guidance on the information needs, management demands and assistance techniques that can make caregiving a deeply satisfying and ultimately rewarding experience for those who give it and those who receive it.

The *Essential Caregiving Guide* helps you bring order to what may seem like hopeless chaos.

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MEDICAL/SELF HELP



WHAT IF GOD HAS A VAGINA?

Why Eve Took the Rap

John W. Casperson

Patriarchal societies assume God is male. Christianity insists on a man as a savior, and a white savior at that. Jesus was Semitic, not white, and God, says the author, is not male. Arguing that Christianity is the root cause of misogyny, this book refocuses on “The Feminine” and why it is more wholesome both in and out of bed.

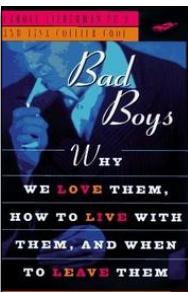
In the 21st century, it is more appropriate to equate gender identity with a spiritual hemisphere (masculine or feminine) than merely biological plumbing (genitalia).

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PHILOSOPHY/FEMINISM

CAROLE LIEBERMAN, MD

Bestselling author, psychiatrist, TV celebrity and three-time Emmy Award-winner, Dr. Lieberman analyzes the psychological impact of world events and social problems.

**BAD BOYS**

Why We Love Them, How to Live with Them and When to Leave Them

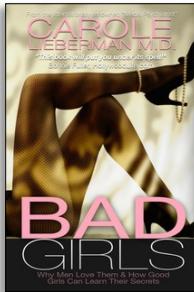
This perennial classic was a bestseller when Penguin/Dutton first published it in 1997 (hardcover) and 1998 (trade paperback). Since women are still attracted to—and getting their hearts broken by—bad boys, they are still eager to discover why and how to find true love. The book profiles 12 types of Bad Boys—including the Fixer-Upper Lover, Self-Absorbed Seducer, and Commitment Phobe—and helps women turn their frog into a prince!

Over 35,000 copies sold first printing

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RELATIONSHIPS/SELF-HELP

**BAD GIRLS**

Why Men Love Them & How Good Girls Can Learn Their Secrets

Carole Lieberman,
M.D., M.P.H.

This multi-award-winner, published in 2010 as a trade paperback, got lots of media attention. The book profiles 12 types of bad girls—including the Gold-Digger, Sex Siren, Husband Hunter/Trapper, and Ball-Buster. It helps good girls even the playing field, so they don't sit on the shelf while men pursue bad girls, and helps men see the red flags, so they're not exploited by bad girls and left brokenhearted.

MULTI-AWARD WINNER

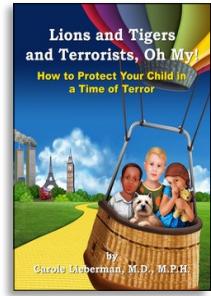
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RELATIONSHIPS/SELF-HELP

**LIONS AND TIGERS AND TERRORISTS, OH MY!**

How to Protect Your Child in a Time of Terror

Carole Lieberman,
M.D., M.P.H.

The first and only book about terrorism for kids (and their parents, teachers and psychologists). The first half of the book provides grown-ups with the tools they need to talk to kids about terrorism and build their resilience. The second half is a picture book that gives kids a gentle introduction to terrorism, helps them understand their feelings and empowers them to meet 21st century challenges.

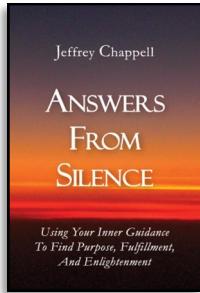
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PARENTING/CHILDREN



ANSWERS FROM SILENCE

Using Your Inner Guidance to Find Purpose, Fulfillment and Enlightenment

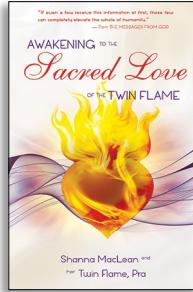
Jeffrey Chappell

Answers From Silence contains brief, no-nonsense insights and how-to information for communicating with your Enlightened Self. Chappell delivers question-and-answer dialogues from a cosmic viewpoint on metaphysics and spirituality as well as down-to-earth topics such as career, relationships, and personal growth.

Jeffrey Chappell, a professional concert pianist and 30-year student of meditation, delivers fresh insights on problems of living in the 21st century and finding higher consciousness in everyday life.

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MEDITATION / SELF HELP



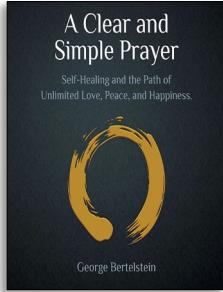
AWAKENING THE SACRED LOVE OF THE TWIN FLAME

Shanna MacLean

Each of us has a Twin Flame, the being with whom we were created at the Moment of Creation. Shanna shares her dramatic contacts during meditation with her Twin Flame, Pra, who is in Spirit. A presentation of powerful channeled “Messages from God” follow, unveiling the spiritual essence and purpose of the Twin Flame. In the last section, Pra describes the heart opening and Love that draws the Twin and makes contact possible. Humanity, she discovers, was created by God to live in beauty, in joy, in ecstatic loving relationship.

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RELATIONSHIPS



A CLEAR AND SIMPLE PRAYER

Self-Healing and the Path of Unlimited Love, Peace, and Happiness

George Bertelstein

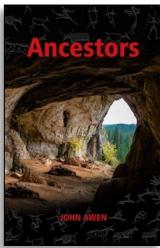
In this profound collection, Bertelstein shares the wisdom he has gleaned as a Medicine Man from over thirty years of counseling others and deepening his own spiritual discernment through prayer, ceremony, meditation, introspection, and revelation from Sacred Plant Medicines and Spirit Guides. His words inspire us to greater hope for joyful embodiment in our human skin. He is a leader in the Medicine Path Native American Church and hosts a weekly sacred pipe ceremony for personal and world healing which continues virtually during these times of social distancing. www.medicinepath.org

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SPIRITUALITY/SELF HELP

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Green Magic, originally started in 1997, is an independent publisher based near Glastonbury, England, specializing in spirituality and Paganism.

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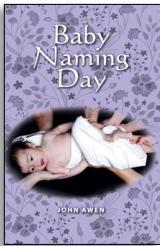
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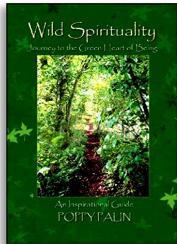
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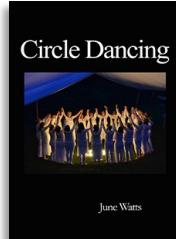
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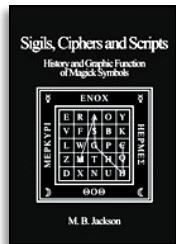
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THE DIVINE JOURNEY

Awakening to the Creative Process Within

Janet Myatt

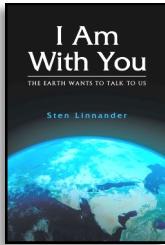
The Divine Journey takes you on a path of spiritual discovery to learn how the forces of creativity work within you and help you move out of painful ways of thinking and feeling into an awakened awareness that is limitless, loving, and powerful.

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MEDITATION/SELF-HELP



I AM WITH YOU

The Earth Wants to Talk with Us

Sten Linnander

While on spiritual retreat, the author unexpectedly has the experience of communicating with the

Earth, which speaks of itself as alive, conscious and wishing to be seen, felt, and communicated with.

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WELCOME HOME

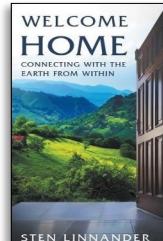
Connecting with the Earth from Within

This book speaks with the authentic voice of the Earth. It may seem absurd: The Earth speaking? Sten Linnander, trained as a geophysicist, couldn't believe it either. "I am not asking you to change your thoughts. I am asking you to enter a living relationship with me."

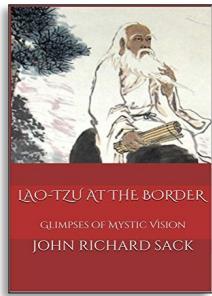
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SPIRITUALITY



STEN LINNANDER



LAO-TZU AT THE BORDER

Glimpses of Mystic Vision

John Sack

About 2500 years ago, the Chinese sage known as Lao-Tzu (Laozi) left the realm of words for the wordless world of the mystic hermit. Before he left, however, he inscribed his wisdom in 5000 ideographs now known as the "Tao Te Ching." This work explores not only the basic tenets of Taoism, but shows also how Lao-Tzu's mystic vision relates to the vision and practices of contemplatives and mystics of various cultural and spiritual backgrounds.

John Sack has authored many books, among them his novel *The Franciscan Conspiracy* available in 17 languages.

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SPIRITUALITY/BUDDHISM



MAGICAL DIMENSIONS ORACLE DECK AND ACTIVATORS

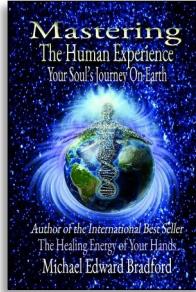
Lightstar

These 44 cards and activators feature Lightstar's Visual Attunement Artwork inspired by other-worldly magical dimensions. The super-charged images convey messages and contain encodements and activations beyond what the naked eye can see to help shift, awaken, transform, and receive guidance. A full 128-page guidebook is included, with instructions and sample layouts for Oracle Readings as well as Activator layouts including healthy relationships, healing, and money manifesting.

ISBN: 9780764353451 44 Cards

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ORACLE-ACTIVATION DECK



MASTERING THE HUMAN EXPERIENCE Your Soul's Journey on Earth

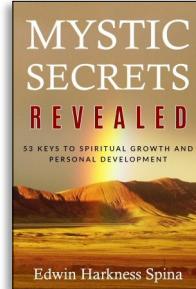
Michael Edward Bradford, MA

Written by a highly acclaimed international intuitive healer and best-selling author who has studied all over the world with shamans, medicine people, healers, psychic surgeons and more, this is an all-encompassing Spiritual Jump-Start designed to activate your Soul-Awareness and your Soul-Knowing, raise your Spiritual IQ, and facilitate easier Soul-Awakened Purposeful Living. It is filled with easy-to-understand information and case studies helping you answer such questions as "Where did I come from?" "What is my Soul Purpose for being here?" and more.

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SPIRITUALITY/METAPHYSICAL



MYSTIC SECRETS REVEALED

53 KEYS TO SPIRITUAL GROWTH AND PERSONAL DEVELOPMENT

53 Keys to Spiritual Growth and Personal Development

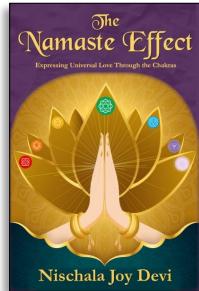
Edwin Harkness Spina

Mystic Secrets Revealed is a short yet potent spiritual guide which simply explains how to apply mystic principles to achieve your most heartfelt dreams. Each principle can be absorbed in 15 minutes or less. This book is for anyone who wants to discover the underlying principles that govern the universe—without having to join a monastery—and to understand spiritual principles like alchemy, manifestation, the ego, creativity, synchronicities, love and relationships, intention, oneness and presence. “A guide to inner transformation” —*Midwest Book Review*

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SPIRITUAL / SELF-HELP



THE NAMASTE EFFECT

Expressing Universal Love Through the Chakras

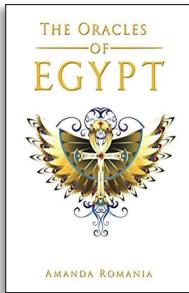
Nischala Joy Devi

The Namaste Effect guides us to tap into our higher consciousness through the subtle energy centers known as chakras, to connect with each other and eventually the entire globe. Each chapter introduces, explains, treats and gives practices for a chakra. *Namaste*, a word used in many cultures, says that coming from a place of love and oneness connects us with others. Nischala Joy Devi was a monastic disciple of Swami Satchidananda for over 20 years and is an international advocate for yoga and its subtle uses for mental, spiritual and physical healing.

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NEW AGE

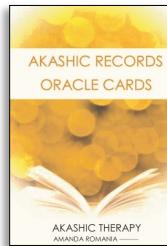


THE ORACLES OF EGYPT

Amanda Romania

The Oracles of Egypt acts as a window into a mystical and forgotten world that connects us to the karmic path of the Oracle and multiple timelines. Discover the power of sisterhood and the Divine Feminine. Come on a journey to awaken your own inner sanctuary and lift the veils of deep knowing.

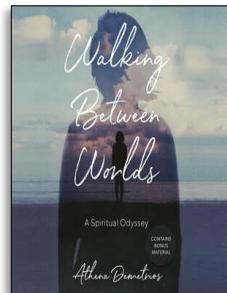
Multi-book author Amanda Romania offers temple training, sacred journeys, Akashic Oracle readings, personal consultations and more.



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INSPIRATIONAL/FANTASY



WALKING BETWEEN WORLDS

A Spiritual Odyssey

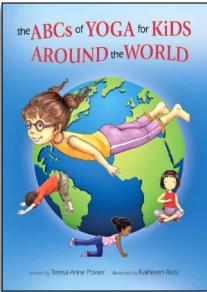
Athena Demetrios

After growing up in abject poverty in a dysfunctional alcoholic environment and terrorized by a boarder who lived in the root cellar, Athena Demetrios repressed her traumatic memories, thrusting her into a downward spiral of melancholy and despair. But when, as an adult, she had a powerful spiritual experience that opened doors into other dimensions, she began an odyssey in which truth became stranger than fiction—a journey through hypnotic regression that led her to transcendence and healing. Athena Demetrios is an author, channel and medium with a former career in the film industry.

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SPIRITUALITY/MEMOIR



THE ABCs OF YOGA FOR KIDS AROUND THE WORLD

Teresa Anne Power

The ABCs of Yoga for Kids Around the World, written by International Kids' Yoga Day founder and 30+ year practitioner Teresa Power, is a beautifully illustrated hardcover book that takes readers on a fun-filled tour of 32 countries, sharing kid-friendly facts about each, as well as teaching simple yoga poses suitable for children of all ages and athletic abilities. Additionally it introduces children to the alphabet and how to say 'hello' in the language of each country represented.

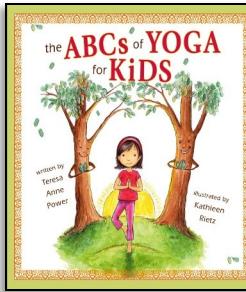
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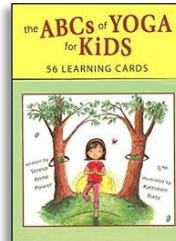
THE ABCs OF YOGA FOR KIDS

Teresa Anne Power

Children are faced with over-stimulation

in today's fast-paced society. Practicing simple yoga postures is the ideal way for kids to both unwind naturally and do physical activity. Using the alphabet, rhyming vignettes and colorful illustrations, each page promotes poses for flexibility and coordination, while encouraging children to incorporate healthy activity into their daily lives.

WINNER OF 11 AWARDS
Including Mom's Choice, Family Choice, IBPA, Moonbeam, Living Now and More

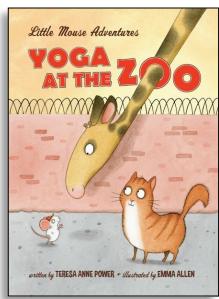


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YOGA AT THE ZOO

Little Mouse Adventures

Teresa Anne Power

The newest book from children's yoga advocate Teresa Anne Power. Come along with curious, lovable Little Mouse and his best friend, Mr. Opus the wise tabby cat as they go to the zoo for the first time and meet new animal friends in this beautifully illustrated book. Teresa Anne Power, author of *The ABCs of Yoga for Kids* series and Kids' Yoga Day creator, presents this playful book that teaches kids how to deal with new experiences, emotions, and friendship through simple yoga poses.

www.abcyogaforkids.com

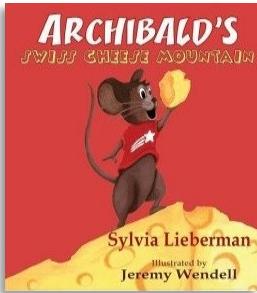
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ARCHIBALD'S SWISS CHEESE MOUNTAIN

Sylvia Lieberman
Illustrated by Jeremy Wendell

This multi-award-winning classic not only entertains kids with its captivating story and illustrations but provides a moral: Never give up pursuing your dreams! Archibald is a little mouse with a big heart who helps kids reach their big dreams by showing them how it's done. Leaving his mouse hole for the first time, Archibald discovers a Swiss cheese mountain that he's determined to conquer and cleverly overcomes obstacles until he reaches his dream.

MULTI-AWARD WINNER

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AGE RANGE 3-11



MADI, HARDY AND THE PROBLEM AT THE PARTY

Book 1 of *The Hardy Bird Series*

Narina Exelby

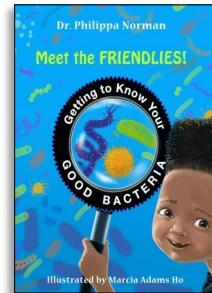
Hardy, the Hadeda, an eccentric bird considered by many in Southern Africa to be a pest with its loud call, is an unlikely hero. But Hardy uses his voice and ability to see the world from above and help children solve various dilemmas.

These stories are written zoologically correctly and help inspire a sense of wonder in the natural environment and encourage children to feel at home within themselves and in the world.

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Age Range: 2-9



MEET THE FRIENDLIES Getting To Know Your Good Bacteria

Philippa Norman,
MD MPH

Meet the Friendlies invites young readers to explore the body inside and out, learning about the role of good bacteria. They explore the connection between the ecosystem of their bodies and the ecosystem of the Earth, learn about cultured foods from around the world, have fun making their own yogurt at home, and develop healthy habits to create a foundation for life-long health.

Dr. Norman is committed to lifelong learning and exploring ancient traditional practices and how we can bring them to our lives today.

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AGE RANGE 6-12

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MINDFUL OWL ADVENTURES *Friendships Through Mindfulness*

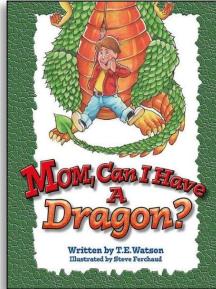
Annie Ranger

Siblings Alexa and Chester learn kindness with the help of the magical Mindful Owl, and so will your children by the time they've finished this charming adventure. This reader-participation book playfully imparts mindfulness and self-calming techniques, inviting children to put their new skills into action on every page. While helping Mindful Owl's lovable animal friends care for each other, readers will see that getting along is easier when you are calm and follow your heart.

"My heart is full of love and light guiding me to do what's right."

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AGE RANGE: 4-8



MOM, CAN I HAVE A DRAGON?

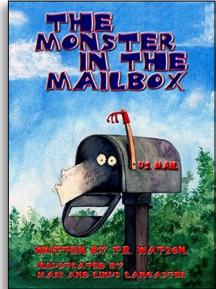
T.E. Watson

Sam has come home with what he hopes will be the most unusual of pets. But his mother gives him a resounding "no." This favorite among young and old alike will pull heartstrings as the wonderful lovable dragon steals his way into your family's heart just like he did into Sam's.

T.E. Watson, Heather and Highlands Publishing, is a wonderfully imaginative writer with 35 years' experience. His favorite pastime is presenting his books as learning and magical tools in the classroom.

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AGE RANGE: 5-8



THE MONSTER IN THE MAILBOX

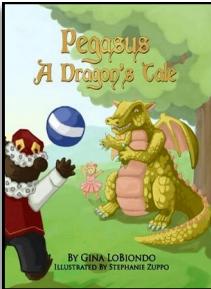
T.E. Watson

Little brother Timmie loves to tease his big sister Cynthia. She is fed up and comes up with a way to even the score and finally make Tim realize that teasing is not OK. *The Monster in the Mailbox* is a laugh-out-loud funny book about the shenanigans of little brothers and older sisters. Beautifully illustrated, with real-to-life characters, it is a perfect teaching resource for lesson plans about teasing and how to handle it.

Award-winning Scottish children's author T.E. Watson is the author of 47 children's stories and 12 books.

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JUVENILE



PEGASUS *A Dragon's Tale*

Gina LoBiondo

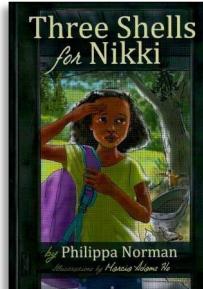
Winner of SEVEN awards, *Pegasus: A Dragon's Tale* is the delightful, heart-warming story of two young bear cubs and the dragon they find that changes their lives forever—a sweet and precious tale. What child hasn't wished to have his or her own dragon or to fight the great fire-breathers?

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INDIE BOOK OF THE DAY**

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AGE RANGE 3-5



THREE SHELLS FOR NIKKI

Philippa Norman,
MD MPH

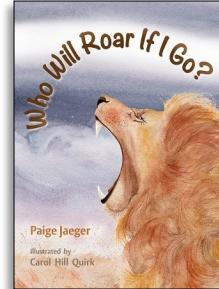
Nikki has to spend the summer with Grandma, who seems odd with all her jars of old dried up leaves and twigs. Nikki learns to help make remedies, but her confidence plummets when she makes a mistake. One stormy night she is called to help a sick little girl and must face her fears. She discovers a secret connection with plants and with her ancestors, returning home with a new sense of belonging and purpose.

Dr. Norman is a board-certified integrative medicine physician, herbalist and ayurvedic practitioner with a strong interest in cultural preservation.

ISBN: 1-9781892742049 Pgs. 126

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AGE RANGE 8-14



WHO WILL ROAR IF I GO?

Paige Jaeger

Who Will Roar If I Go? introduces children to thirteen animals around the world that are endangered. With beautiful watercolor illustrations and rhyming verse, each animal is sharing a message that readers will remember long after reading. Their message is simple but very important: "We need you to care and let us live free. Or there will be no more wild animals to see." The book introduces the basics of endangered species to young children and opens up conversations about what we can all do to help.

Will you roar before they go?

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