Conscious Discipline®

Register TODAY!

FEATURING MASTER TRAINERS FROM THE CONSCIOUS DISCIPLINE INSTITUTE!

This session provides brain-based strategies for recognizing, responding to, and de-escalating intense student behavior in the moment. Educators will learn to stay regulated themselves while guiding children from chaos to calm, using Conscious Discipline tools rooted in connection and emotional safety.



EVENT DETAILS

SATURDAY, MARCH 28, 2026
8:30 AM - 3:30 PM
THE INN AT LEWISBURG
7701 WESTBRANCH HIGHWAY
LEWISBURG, PA 17837

SCHEDULE

- 8:00 am - 8:30 am | Registration
- 8:30 am - 11:30 am | Training Session, Pt. 1
- 11:30 am - 12:15 pm | Lunch
- 12:30 pm - 3:30 pm | Training Session, Pt. 2

Training will provide 6 PQAS hours.

DEESCALATING CLASSROOM BEHAVIORS

- Recognize signs of escalation and identify students' brain states
- Apply de-escalation strategies that prioritize safety and co-regulation
- Practice adult self-regulation techniques during behavioral crises
- Use language and tone that de-escalate rather than intensify upset

SPONSORED BY:
Rapid Response Teams serving ELRCs 8, 9, & 10

REGISTER HERE

Community Connections for Children

Early Learning Resource Center Region 8
OFFICE OF CHILD DEVELOPMENT AND EARLY LEARNING