

Go Healthy!

K7.13 C2 / K2.14 C2



Workshop Description: Join us for this interesting and interactive session on nutrition and activity for the caregiver! In this class we will explore nutrition, nutrition labels, portion sizes and physical activity. This class counts as a health and safety training for Keystone STARS and is eligible for ACT 48 hours.

Instructor: Beth Whitman-Pitzer, M.Ed.

Cost: \$14.00 for each session

Search Word: go healthy

<p>March 23, 2017</p> <p>6:00pm – 9:00</p> <p>Giant Food Store 3301 East Trindle Road Camp Hill, PA 17011</p>

Registration Information:

You MUST go online to www.pakeys.org to register for the above scheduled session. Payment is required at time of registration on the PA Key's PD Registry. Per new PA Key policies, there are no walk-ins allowed and there are no refunds.

For registration questions, contact

Paula Alcock at (717)-236-1381 or pla10@psu.edu.