THE PENNSYLVANIA KEY

JOIN THE YALE RULER Training Program

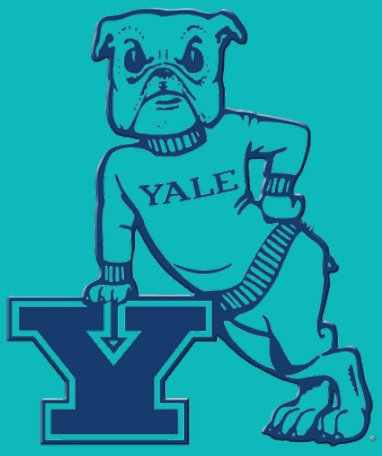
What is RULER?

***RULER** is an evidence-based approach designed to integrate social and emotional learning into schools and organizations. Developed by the **Yale Center for Emotional Intelligence**, RULER helps build emotional intelligence skills crucial for creating positive environments and fostering meaningful relationships.*

Program Goals:
- Enhance social and emotional learning.
- Foster positive relationships among parents and children.
- Create a supportive and emotionally intelligent home-based child care culture.

For More Information on the Training: September 3, 2025, 1:00 pm-2:00 pm
Participate: http://bit.ly/40EX1Co

6-Week Online Training: October 1 to November 5, 2025, 6:30 pm to 8:00 pm
Commitment: 14 hours in total
Register: www.surveymonkey.com/r/7F8X5J5
A certificate of completion is awarded for 95% attendance.
You must be able to attend all session for credit.



Who Can Participate?
- Any Home-Based Child Care Educator
- Only 15 participants are being accepted for this cohort.

Why Participate?
- Develop essential emotional intelligence skills--helps with well-being!
- Enhance the quality of care and education in your home-based child care.

How to Get Started:
Discuss this opportunity with your Quality Coach, or Janine Pagano, Family Child Care Coordinator, at 724-761-0801 or janpag@pakeys.org

Important Information for Directors and Staff:
- Participants are expected to complete the full 14 hours of training.
- Quality Coaches are invited to participate in a parallel process to support you.
- Additional support system staff, Janine Pagano, Family Child Care Coordinator.
- Those who complete the course may be eligible for additional resources.
- Deadline to Register: Friday, September 19, 2025.

6-Week Online Training Dates

October 1	October 22
October 8	October 29
October 15	November 5

6:30 pm to 8:00 pm

Don't miss this opportunity to enhance your program's emotional intelligence and create a more supportive and positive environment for you and the children!