2017 Get Smart Competition for **Young Artists and Writers** 

Draw a picture, design a poster or write a story about keeping healthy!

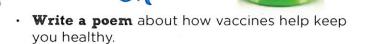
The Pennsylvania Get Smart Program invites all children (up to 12 years old) to help build the national campaign to say "NO!" to germs and "YES!" to being healthy! This involves ideas like washing your hands (to wash germs away), getting vaccines or "shots" (to help prevent illness), and using medicines called antibiotics appropriately (to fight bacterial infections).

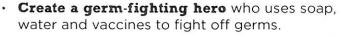


- · Draw icky germs on dirty hands!
- · Make a poster with tips for what to do if someone coughs on your toy. Yuck!
- Write about a classroom where you are sharing books and toys, when, one day, your best friend gets sick. What happens? Does she or he go to the nurse? Do you wash your hands?
- · Make a drawing of yourself getting a flu vaccine!
- · Show examples of children sick with germs that don't need antibiotics — like colds or the flu. They need a box of tissues and lots to drink but no antibiotics!
- Design a comic book of everything "germy" you might touch in a day.

















Deadline for submission is 10 p.m., Oct. 31, 2017

Three children each from five different age groups will win prizes!

Winning entries will be displayed on the Get Smart website.

For guidelines, information and where to submit your entries, visit www.KnowWhenToSayNo.org.







## 2017 Get Smart Kids' Competition Guidelines

Dear parents or legal guardians,

Please read the contest rules and consent form below carefully. If you wish to allow your child to submit an entry, please complete and sign the consent form. Entries can be submitted by email or mail. If you use mail, please include the consent form. For more information, please visit our website at <a href="https://www.knowwhentosayno.org">www.knowwhentosayno.org</a>.

Or

Submit the entry and consent form by email at:

Knowwhentosayno@pa.gov.

Mailing address: Get Smart Drawing Competition Pa Department of Health 625 Forster St. Room 933 Harrisburg, PA 17120-0701

The deadline for submission is Oct. 31, 2017, at 10 p.m., EST. Winners will be notified by telephone by Nov. 13, 2017. The top three entries in each age group will be awarded a prize. To find examples of past winning entries, please visit our website!

If you have any questions, please contact us by email at: <a href="mailto:knowwhentosayno@pa.gov">knowwhentosayno@pa.gov</a> or by phone at 717-787-3350.

### **Get Smart Competition Contest Guidelines**

- 1. Entries will be judged by each age group: <4, 5-6, 7-8, 9-10, 11-12 years old.
- 2. Only one entry allowed per child.
- 3. Each submission must follow at least one of the following themes:
  - Importance of proper hand washing;
  - Importance of vaccines; and/or
  - Knowing when NOT to use antibiotics. (Hint: such as, common colds ... Read our website!)
- 4. Submission types and guidelines:
  - Drawings
    - o For the age groups of: <4, 5-6, 7-8 years old
    - Must be submitted on the template provided
  - Informational poster, story or poem
    - Children 7- 12 years old are encouraged to submit this category.
    - o Posters must fit on a standard paper size (8.5" X 11") and provide a meaningful message based on one of the themes above.
    - Stories and poems cannot exceed 250 words. They can be a recollection of a personal experience or fictional, also based on one of the themes above.
- 5. Submissions may be drawn, written by hand or created using a computer program.
- 6. Entries must be an original work of the contestant.
- 7. Children of Department of Health employees cannot participate in this competition.
- 8. Most importantly, be creative!







# 2017 Get Smart Kids' Competition

## **Parent Consent Form**

full name of parent or legal guardian:	
Child's full name (contestant):	
Date of birth (MM/DD/YY): Grade level:	
treet address:	
City: State: Zip code:	
Child is enrolled in a child care center \( \simeq \) No \( \simeq \) Yes \( [Name of center \( \simeq \) \( \simeq \)	
Child is enrolled in a school   No Yes [Name of the school]	
By checking this box:	
<ol> <li>The contestant has my consent and permission to enter and participate in the 2017 Get Smart Competition.</li> <li>I acknowledge that I have read and understood the attached contest rules. The contestant and I verify comply with these contest rules.</li> <li>I allow the contestant's first name, age, grade level and entry to be displayed on the program's website (www.Knowwhentosayno.com) and to be used during the annual National Get Smart West (Nov. 14-20).</li> <li>After the competition, I would like to provide feedback to improve future competitions by receiving survey to fill out. (Optional, but this would be appreciated!)</li> </ol>	ek
arent or legal guardian contact information	
treet address:	
ity, state, zip:	
hone number:	
mail:	
ignature of parent or legal guardian Date signed	

Privacy Statement: Any personal information provided while participating in this competition or feedback survey will be kept confidential and will not be used, sold or otherwise distributed to third parties.