

Diaper Changing Procedure

(Caring for Our Children: National Health and Safety Standards for Out-of-Home Child Care Programs, 2nd edition. Elk Grove Village, IL: American Academy of Pediatrics)

- ✓ **Prepare Supplies** (remove wipes from storage container, get diaper, and ointment-if needed (place a dab on a piece of paper towel) Plastic bag for soiled clothes – only.
- ✓ **Bring Child** to the changing table. *Always keep a hand on the child!*
- ✓ **Clean** the child's diaper area with disposable wipes
- ✓ **Dispose** of diaper and used wipes in a hands free lidded trash can
- ✓ **Disposable** wipe used on adult's hands-dispose of used wipe in a hands-free lidded trashcan.
- ✓ **Disposable** wipe used on child's hands-dispose of used wipe in a hands-free lidded trashcan.
- ✓ **Put** the clean diaper on child
- ✓ **Wash** child's hands with soap and running water *
- ✓ **Disinfect Sink** if used for purposes other than diapering *



* **Important Note:** If the same sink is used for more than diapering/toileting, faucet handles and sink must be sanitized before the sink is used for other types of hand washing (such as meal prep, etc.)

Please be advised that revised PA childcare facility regulations went into effect on Sept. 22, 2008. Revisions prohibit putting disposable diapers in plastic bags before placing them in a hands free trash container. Please contact your regional certification office if you have questions.