EARLY LEARNING RESOURCE CENTER
OFFICE OF CHILD DEVELOPMENT AND EARLY LEARNING

## Community of Practice




### FROM CONSCIOUS DISCIPLINE

# RESPONDING TO ANGER & RAGE



**Innovative Curriculum**
Free access to 10 video e-course and participant workbook with reflective exercises. Completion of weekly reflection homework and 5 weekly live sessions for 10 PQAS credit hours.



**Topics to be Covered**
Differences between anger and rage, how to manage ourselves, de-escalate intense situations, and how to create rage plans to facilitate recovery & healing for all involved.



**Community of Practice**
5 weekly live sessions, held virtually through Zoom, on Tuesday evenings 6:30-7:30 pm discussing the content with other early learning professionals.

## Community of Practice Dates:

Classes will be held on Tuesday evenings from 6:30-7:30 pm July 1st-29th.

**REGISTER BY CLICKING HERE**

Registration Opens June 2nd and closes June 20th.

Open to Programs in ELRC Regions 8, 9, & 10

**Questions**
Email Teresa Wilson at twilson@cccforpa.org

Community Connections for Children

Visit Our Website
**www.cccforpa.org**