

## Week 1

### HEALTH PRACTICES

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- Monday morning, distribute resource articles and handouts. Staff are to read the articles and by Friday submit to the director one main idea that stood out.

#### Articles:

- *"Hand Washing Works"*
- *"Selecting an Appropriate Sanitizer or Disinfectant"*
- *"Guide for Cleaning, Sanitizing, and Disinfecting"*

#### Handouts:

- *"Wash Your Hands!"*
- *"Diaper Changing Procedure"*
- *"Diapering"*

- During the week, have children create hand washing art. Use various materials and children's imaginations to create hand washing posters. Post them near the sink for a reminder to wash those germs away!
  - Reference the handout, *"Hand Washing Art"* for directions and ideas.