1. CURRENT SCHEDULE

DATE: _____

Note: Please print extra copies as needed to list your full current schedule

ACTIVITIES & TRANSITIONS	TIME START, TIME END, # OF MINS.	CHOOSE ONE: FREE PLAY, GUIDED PLAY, OR TEACHER-DIRECTED ACTIVITY?	NOTES: WHAT WORKS WELL? WHAT IS CHALLENGING? ANY CHANGES TO SUGGEST?
Activity:	Time start: Time end: # of mins:		
Transition:	Time start: Time end: # of mins:		
Activity:	Time start: Time end: # of mins:		
Transition:	Time start: Time end: # of mins:		
Activity:	Time start: Time end: # of mins:		
Transition:	Time start: Time end: # of mins:		
Activity:	Time start: Time end: # of mins:		
Transition:	Time start: Time end: # of mins:		
Activity:	Time start: Time end: # of mins:		
Transition:	Time start: Time end: # of mins:		

2. IDEAS TO BUILD MORE PLAY INTO THE DAY

Please fill out this form as best you can, gathering as much information as you can, knowing it doesn't have to be perfect.

How many **blocks of child-led free play** are in your schedule, ***and*** how long is each block? Please list each block and how long it is here:

How many **total minutes of child-led free play** are in the day? _____
How many **total minutes for guided play**? _____
How many **total minutes for teacher-directed activities**? _____
How many **blocks of outdoor time** do children get each day, ***and*** how long is each block?

How many **total minutes of outdoor play** are in the day? _____
Calculate the **number of transitions:** _____
Calculate the **number of minutes for transition times**: _____
Calculate the number of minutes for physical needs time (rest, potty, meals): _____

N**ext: What ideas do you have to adapt your current schedule for fewer transitions and longer chunks of child-led free play, inside and outside?** Brainstorm ideas on the back of this page and use the template below to list small changes you want to try. When trying out new ideas, consider starting small, slowly building and reviewing until you find a schedule that works for your program. Remember that changes should be given a 2-3 week trial so that children (and teachers) have an opportunity to adjust to the changes.

For help with this form, or for support and trouble-shooting support as you work to incorporate play-based schedule changes, please email CCC's Play and Nature Consultants:
Elizabeth Marcello: emarcello@cccforpa.org / Susan Chlebowski: schlebowski@cccforpa.org

3. TRIAL SCHEDULE / "FLOW OF THE DAY" DATE: _____

Note: Please print extra copies of this form as needed to list the full day.

ACTIVITIES & TRANSITIONS	APPROXIMATE START & END TIMES	CHOOSE ONE: FREE PLAY, GUIDED PLAY, OR TEACHER-DIRECTED ACTIVITY?	NOTES: SUCCESS TIPS, THINGS TO REMEMBER, WHAT WENT WELL? WHAT WAS CHALLENGING?
Activity:			
Transition:			
Activity:			
Transition:			
Activity:			
Transition:			
Activity:			
Transition:			
Activity:			
Transition:			