



St. John Ambulance

# Safety Tips for POWER OUTAGES

Be prepared. Make sure your household has:

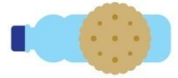
1

A first aid kit.



5

Non-perishable food items.



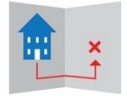
2

A flashlight in an easily accessible location.



6

An emergency preparedness plan.



3

A non-electric stove like a natural gas fire place or wood stove or vented wood fireplace.



7

Extra propane on hand in case you have a BBQ.



4

A radio, battery operated or crank.



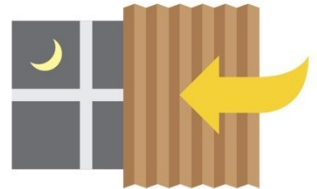
If the power goes out...

## DO

...wear layers and warm clothing in colder months.



...close curtains and stay away from windows.



...opt for flashlights and battery-powered lanterns over oil lamps or candles.

## DON'T

...open windows or outside doors unless necessary.

...leave candles or other open flames unattended.



...use charcoal or gas heaters and stoves inside – they emit carbon monoxide.

For more information, read our newsletter at [sja.ca](http://sja.ca)