

## OCCUPATIONAL HEALTH AND SAFETY LINKS AND QR CODES: NALOXONE KIT

The following information was developed by the Niagara Regional Labour Management Health & Safety Committee with the intent of providing information on Occupational Health and Safety. The links and QR Codes can be opened or shared by most mobile devices. It is important to note that this document is for information purposes only and does not constitute or intend to constitute, legal advice or service.

DESCRIPTION	INFORMATION – LINKS AND QR CODES
<p>Naloxone is a fast-acting drug used to temporarily reverse the effects of opioid overdoses.</p> <p>Naloxone can restore breathing within 2 to 5 minutes. Naloxone works by kicking opioids off the receptors in your brain and binding to those receptors instead. This reverses or blocks the effects of opioids on your body.</p> <p>Naloxone kits have successfully reversed thousands of overdoses across Canada. Naloxone is safe for all ages. It only works if you have opioids in your system. You cannot use naloxone improperly and does not create dependence. It is safe to keep a naloxone kit on hand.</p> <p>Naloxone is used by first-responders, including paramedics and firefighters. Take-home kits are available at most pharmacies or local health authorities for anyone who is at risk of an overdose or who is likely to encounter one.</p>	<p>The following links below contain information on the naloxone kit. The links can be accessed by clicking on the link or scanning the QR code with your phone.</p> <p><b>Recognize and reverse an opioid overdose, and where to get a free naloxone kit -</b>  <a href="https://www.ontario.ca/page/get-naloxone-kits-free">https://www.ontario.ca/page/get-naloxone-kits-free</a></p>  <p><b>How to use a naloxone kit –</b>  <a href="https://www.hamiltonhealthsciences.ca/share/how-to-use-a-naloxone-kit/">https://www.hamiltonhealthsciences.ca/share/how-to-use-a-naloxone-kit/</a></p>  <p><b>Learn how to give naloxone spray (video) -</b>  <a href="https://pharmacists-2.wistia.com/medias/bk92ud4ee2">https://pharmacists-2.wistia.com/medias/bk92ud4ee2</a></p>  <p><b>Safety Talks: Opioids in the trades -</b>  <a href="https://www.ihsa.ca/pdfs/safety_talks/opioids-in-the-trades.pdf">https://www.ihsa.ca/pdfs/safety_talks/opioids-in-the-trades.pdf</a></p>  <p><b>Mark Barnes webinar on the reality of drug and the direct relationship with mental health -</b>  <a href="https://attendee.gotowebinar.com/register/9175351286221700365">https://attendee.gotowebinar.com/register/9175351286221700365</a></p> 

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