

**Psalm 78:1-7 (St. Helena Psalter)**

Hear my teaching, O my people; \*  
incline your ears to the words of my mouth.

I will open my mouth in a parable; \*  
I will declare the mysteries of ancient times.

That which we have heard and known,  
and what our forebears have told us, \*  
we will not hide from their children.

We will recount to generations to come  
your praiseworthy deeds and your power, O God, \*  
and the wonderful works you have done.

You gave your decrees to Jacob  
and established a law for Israel, \*  
which you commanded them to teach their children;

That the generations to come might know,  
and the children yet unborn, \*  
that they in their turn might tell it to their children;

So that they might put their trust in you, \*  
and not forget your deeds,  
but keep your commandments;