

Psalm 66:7-18 (St. Helena Psalter)

Bless our God, you peoples; *
 let the sound of praise be heard;

God holds our souls in life, *
 and will not allow our feet to slip.

For you, O God, have proved us; *
 you have tried us just as silver is tried.

You brought us into the snare *
 and laid heavy burdens upon our backs.

You let enemies ride over our heads;
 we went through fire and water, *
 but you brought us out into a place of refreshment.

I will enter your house with burnt-offerings
 and will pay you my vows, *
 which I promised with my lips
 and spoke with my mouth when I was in trouble.

I will offer you sacrifices of fat beasts
 with the smoke of rams; *
 I will give you oxen and goats.

Come and listen, all you who fear God, *
 and I will tell you what God has done for me.

I called out to God with my mouth, *
 and high praise was on my tongue.

If I had found evil in my heart, *
 God would not have heard me;

But in truth God has heard me *
 and has attended to the voice of my prayer.

Blessed be God, who has not rejected my prayer, *
 whose love has not been withheld from me.