

Psalm 78:1-4, 12-16 (St. Helena Psalter)

Hear my teaching, O my people; *
incline your ears to the words of my mouth.

I will open my mouth in a parable; *
I will declare the mysteries of ancient times.

That which we have heard and known,
and what our forebears have told us, *

we will not hide from their children.
We will recount to generations to come

your praiseworthy deeds and your power, O God, *
and the wonderful works you have done.

You worked marvels in the sight of their forebears, *
in the land of Egypt, in the field of Zoan.

You split open the sea and let them pass through; *
you made the waters stand up like walls.

You led them with a cloud by day, *
and all the night through with a glow of fire.

You split the hard rocks in the wilderness *
and gave them drink as from the great deep.

You brought streams out of the cliff, *
and the waters gushed out like rivers.