

Study FAQs:

What does treatment look like?

You will have weekly therapy sessions via Zoom with an Emory clinician. We use a treatment called Behavioral Activation which focuses on changing behaviors to improve mood. This is an active treatment which means in addition to just talking about what's going on in your life, you'll be doing exercises, learning skills, and trying out new things.

What are fMRI scans and are they safe?

fMRI scans are safe, painless and noninvasive scans that use a magnet to take pictures of your brain. Unlike x-rays, there is no radiation involved.

What's the time commitment?

The total time commitment over 16 weeks is about 34 hours. This breaks down to 16 hours of therapy + 18 hours of scanning visits and surveys.

Can you work with my schedule?

Yes! We provide after school and weekend appointments. While you will have to come to our building for the scans, all other therapy sessions and meetings occur virtually.

How will I get paid?

Each part of the study is compensated separately. We will mail you a payment card, which works like a debit card, after your screening visit and load funds as you go.