

# Pediatric Orthopaedic & Sports Medicine Seminar

## A Multidisciplinary Approach to Providing Value Based Care from Elementary School to High School

Saturday, March 25, 2023



### Location

\*Choose In-Person or Virtual

#### IN-PERSON Location:

[Children's Healthcare of Atlanta Support Center](#)

1575 Northeast Expressway  
Atlanta, GA 30329

-or-

VIRTUAL Via Zoom Live Webinar (Webinar will NOT be recorded)

### Agenda

(all times listed in Eastern Standard Time)

- 7:30 a.m. Registration/Sign on to Webinar & Continental Breakfast (provided for live attendees)
- 8:00 a.m. **Welcome--Dana Olszewski, MD, MPH**
- 8:05 a.m. **Ortho Emergencies on the Field--Ashley Brouillette, MD & Stephanie Vasquez, MEd, LAT, ATC**
- 9:30 a.m. **Surgical Management of Field Emergencies--S. Clifton Willimon, MD**
- 10:30 a.m. Break
- 10:45 a.m. **Rehabilitation After Field Injuries-- Melvin Sam, MS, MOTR/L, PT, DPT**
- 11:45 a.m. Lunch (included with live course registration)
- 12:30 p.m. **Athletic Shoulder Injuries and Return to Sport in Children and Adolescents--Crystal Perkins, MD & Alea Penner, PT, DPT**
- 2:00 p.m. **Low Back Pain in the Young Athlete: Diagnosis, Treatment and Return to Sport--Tatiana Patsimas, MD & Tatiana Paz, PT, DPT**
- 3:00 p.m. Break
- 3:15 p.m. **FAST TRACKS:**
- The Role of Vitamin D in Treating Sports Injuries & Conditions—Diane King MS, ATC, RD, CSSD**
- Sickle Cell & Sports-- Elna Saah, MD, MS**
- Issues with Performance Enhancing Drugs—Stephen Miller, MD**
- 4:15 p.m. Adjourn

TOTAL = 7 Contact Hours

### Registration (In-Person attendance capacity is limited and includes breakfast, breaks, lunch and networking opportunities)

In-Person Conference Medical Professionals (MD, PA, NP, Fellow, Resident)	\$250
In-Person Conference Children's Healthcare of Atlanta Medical Staff (MD, NP, Fellow, Resident)	\$225
In-Person Conference Rehab/Nursing/Athletic Trainers	\$125
In-Person Conference Children's Healthcare of Atlanta Rehab/Nursing Staff	\$100
Webinar Medical Professionals (MD, PA, NP, Fellow, Resident)	\$200
Webinar Children's Healthcare of Atlanta Medical Staff (MD, NP, Fellow, Resident)	\$175
Webinar Rehab/Nursing/Athletic Trainers	\$100
Webinar Children's Healthcare of Atlanta Rehab/Nursing Staff	\$75

In order for Children's to meet Stark Law regulatory requirements, the rate for physicians has been determined based on the hours of CME credit certified at a fair market value for in-person and virtual learning.

Register online today at <https://cvent.me/40EOLK>

Contact [michelle.moore@choa.org](mailto:michelle.moore@choa.org) for more information.

## Course Description

Successful management of pediatric orthopaedic and sports medicine pathology requires an accurate diagnosis. The changing landscape of healthcare requires greater value and improved outcomes. Getting the right patient to the right provider for the right treatment at the right time improves value and outcomes. This unique, multidisciplinary conference is designed to improve quality and add value by avoiding diagnostic pitfalls, optimizing diagnostic efficiency, discussing indications for and efficiencies of rehabilitation and accelerating functional return to play.

## Conference Objectives

At the conclusion of the conference, the participant will be better able to:

- Identify patients that require spine boarding for possible neck injuries
- List the appropriate steps to take with concern for cardiac arrest
- Describe the presentation and treatment of common pediatric athletic shoulder injuries
- Describe the current evidence-based upper extremity functional testing options and normative data available
- Demonstrate how to appropriately utilize upper extremity performance-based metrics for return to play decision making
- Demonstrate how to perform a concise back exam
- Discuss how to perform a differential diagnosis for the most common causes of low back pain in young athletes
- Discuss how Vitamin D is being used to treat sports injuries and conditions
- Discuss issues in performance enhancing drugs

## Continuing Education

Children's Healthcare of Atlanta is accredited by the **Medical Association of Georgia** to provide continuing medical education for physicians. Children's designates this live activity for a maximum of **7 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Credits have been applied for through the **APTA Georgia** for **7 contact hours** for Physical Therapists. These credits may apply toward licensure in other states.



Children's Healthcare of Atlanta is approved by the **Board of Certification, Inc.** to provide continuing education to Athletic Trainers. This program is eligible for a maximum of **7 Category A hours/CEUs**. ATs should claim only those hours actually spent in the educational program.

This activity has been submitted to Children's Healthcare of Atlanta for approval to award contact hours. Children's Healthcare of Atlanta is an approved provider with distinction of nursing continuing professional development by the **Georgia Nurses Association**, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Target Audience

This course is designed for primary care physicians, family physicians, emergency department/urgent care physicians, nurse practitioners, physician assistants, physical therapists and athletic trainers involved in the care of children and teens with orthopaedic conditions and sports injuries.

## Planning Committee

Dana Olszewski, MD—Physician Director

Julie Johnson, PT, MPT, SCS, CSCS

Michelle Moore, MS, OTL—Conference Coordinator

## Accommodations

### **Marriott Atlanta Northeast/Emory Area**

2000 Century Boulevard NE

Atlanta, GA 30345

For reservations go to [www.marriott.com/atline](http://www.marriott.com/atline) and under **Special Rates** use corporate/promotional code **V3H** or call the reservations line at 800.228.9290 and ask for the **Children's Healthcare of Atlanta** rate. *Rates are based on availability.*

### **Doubletree Hotel Atlanta North Druid Hills**

2061 North Druid Hills Road

Atlanta, GA 30329-1808

[Click here](#) for website

(Click on **Special Rate Codes** and then enter 0009885641 under **Corporate Account**)

*If you must cancel your conference registration, notify us at least seven days before the course and we will issue a refund, minus a \$25 administrative fee. No-shows or cancellations received less than seven days prior to the course will not receive a refund.*

*This educational activity does not necessarily reflect the views, opinions, policies or procedures of Children's Healthcare of Atlanta, its staff or representatives. Children's cannot and does not assume any responsibility for the use, misuse or misapplication of any information provided.*