

# Grace Before Meals

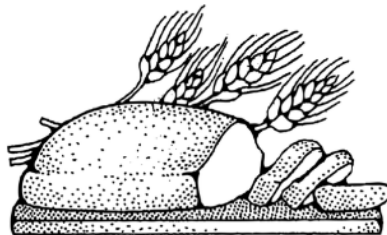
Bless us, O Lord, and these

Thy gifts, which we are about

to receive, from Thy bounty,

through Christ, our Lord.

Amen.



# Guardian Angel Prayer

Angel of God, my guardian

dear, to whom God's love

commits me here, ever this day

be at my side, to light, to

guard, to rule and guide.

Amen.



# Hail Mary

Hail Mary, full of grace, the

Lord is with thee. Blessed art

thou amongst women and

blessed is the fruit of thy womb,

Jesus. Holy Mary, Mother of

God, pray for us sinners, now

and at the hour of our death.

Amen.