

Sunday, March 1, 2026 10:00 A.M.

THIRD SUNDAY OF LENT

We're pleased that you've come to worship with us this morning. While this bulletin is a guide to the service if you are unfamiliar with the ritual customs of the Anglican Church, simply relax with the liturgy and let the rest of the congregation carry you in worship.

***(Congregational participation in** BOLD)*

Greeting and Land Acknowledgment

HYMN # 471 Let My People Seek Their Freedom *(Blue Book)*

Silence/Gong

Grace, Mercy and Peace from God our Creator,
Redeemer, and Sustainer be with you
And also with you

Bless the One who forgives all our sins.
God's mercy endures for ever.

Confession and Absolution
Dear Friends in Christ,
as we prepare for the Paschal Feast,
continuing in the apostles' teaching and fellowship,
in the breaking of bread, and in the prayers,
let us make ready our hearts
to renew the covenant of our baptism.
Let us keep silence before our Creator and Redeemer.

Silence

Let us ask God to bring to light
the things now hidden in darkness,
and to disclose to us the secret purposes of our hearts.
And most especially,
let us remember the covenant of our baptism
and test our hearts and conscience
to know how faithfully
we have sought and served Christ in all persons,
loving our neighbours as ourselves.

Silence

Almighty God have mercy on us,
Grant us the wisdom to know ourselves,
The courage to admit our sins,
And the grace to receive
God's never-failing mercy and forgiveness.
Amen

Kyrie
Choir: In peace, in peace, let us pray to the Lord
All: Lord, have mercy, Christ have mercy, Lord, have mercy.
Choir: For the Reign of God, and for peace throughout the world,
For the unity of all, let us pray to the…
All: Lord, have mercy, Christ have mercy, Lord, have mercy.
Choir: For your people here, who have come to give you praise,
For the strength to live your Word, let us pray to the…
All: Lord, have mercy, Christ have mercy, Lord, have mercy.
Choir: Help, save, and defend us, O God.
All: A-men

Collect
Gracious God,
you provide us with living water
in abundance for all to share.
Nourish us with this abundance,
so that we may be streams of living water
to those who thirst for you;
through Jesus Christ, the rock of our salvation.
Amen.

The First Reading: Exodus 17: 1-7
Reader: Susan Himann
Hear what the Spirit is saying to the Church
Thanks be to God

The Second Reading: Psalm 95
Reader: Susan Himann
Come, let us sing to GOD;
let us shout for joy to the Rock of our salvation.
Let us come before GOD's presence with thanksgiving
and raise a loud shout to GOD with psalms.
For GOD is a great God,
and a great Ruler above all gods.

In GOD's hand are the caverns of the earth,
and the heights of the hills are theirs also.
The sea is theirs, for GOD made it,

and their hands have molded the dry land.
Come, let us bow down, and bend the knee,
and kneel before GOD our Maker.
For that is who is our God, and we are the people
of their pasture and the sheep of their hand.
Oh, that today you would hearken to GOD's voice!
Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me.
They put me to the test,
though they had seen my works.
Forty years long I detested that generation and said,
"This people are wayward in their hearts;
they do not know my ways."
So I swore in my wrath,
"They shall not enter into my rest."
Hear what the Spirit is saying to the Church
Thanks be to God

Psalm Hymn # 117 By the Well a Thirsty Woman
(*Red Book)*

The Gospel Reading:
God be with you
And also with you
The Good News of Jesus Christ according to John
Glory to you, Lord Jesus Christ
The Gospel Reading: John 4: 5-42
Reader: Deacon Lynne Smith
The Gospel of Christ
Praise to you, Lord Jesus Christ

Homily: *The Rev. Dr. Jane Rowland*

Prayers of the People: *Spencer Stevens*

Peace

May the peace of Christ be with you.
And also with you.

Offertory Hymn # 179 Tree of Life and Awesome Mystery
Vs,1,2,5,6d& 6f (*Blue Book)*

Eucharistic Prayer (sung)

May God be with You
And also with you.
Lift up your hearts.
We lift them to God
Let us give thanks to our loving God.
It is right to offer thanks and praise.
Celebrant: Blessed are you gracious God
… join in their unending hymn.

Sanctus:
Holy, holy, holy are You,
God of power and might;
Heaven and earth are filled with your glory.
Hosanna in the highest!
Blessed is the One who comes in your name.
Hosanna in the highest, hosanna in the highest!

Celebrant: On the night he was handed over
... mystery of faith:

Choir: Christ has died, Christ is risen. Christ will come, come again.
All: Christ has died, Christ is risen. Christ will come, come again.

Celebrant: Recalling his death,…
... now and forever.

All: Amen.

The Lord's Prayer
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The gifts of God for the people of God
Thanks be to God

Chant: Crete Within Me a Clean Heart
(See Insert)

The Communion

COMMUNION HYMN # 194 Bread of Life, Broken and Shared
(Red Book)

The Prayer after Communion

Glory to God,
whose power working in us
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the church and in Christ Jesus
for ever and ever. Amen.

HYMN 408 Wind Upon the Waters
(*Blue Book)*

The Dismissal