



## **Helping Your Child with Anxiety and Executive Function Issues K-12**

Learning Specialists **Sharon Thomas** and **Caroline Lasky** will facilitate a discussion for parents raising children and adolescents who experience anxiety and executive function issues. These issues may be a result of a learning and/or attentional challenge.

It is common for parents to feel isolated when their children's struggles interfere with everyday life. MAIA Education Resource Center welcomes and supports parents facing similar challenges with their children at home and/or in school.

Meet with other parents and learn about strategies and resources that will help you address your and your child's needs.

**When:** Wednesday, January 22, 2020 9:00 AM – 10:30 AM

**Where:** 11 East 88<sup>th</sup> Street, Suite 1A, New York, NY 10128

**Register for this talk** [here](#).

### About the Presenters:

#### **Caroline Lasky, MA**

Caroline Lasky is a seasoned Learning Specialist who provides instruction to children and adolescents in a warm and supportive learning environment. Caroline plans specific education programs to meet the needs of a range of learners, including students diagnosed with dyslexia and ADHD. Caroline focuses her individualized instruction on cognitive and emotional issues related to learning. She earned an M.A. from New York University in Special Education with an emphasis on learning disabilities. Caroline previously taught at Collegiate, Stephen Gaynor, Columbia Grammar, and Dalton.

#### **Sharon Thomas, MEd, MSc**

Sharon Thomas is a Learning Specialist and Educational Consultant. She is the Founder and Director of MAIA Education Resource Center, an organization that helps students K-College with and without learning differences through 1:1 tutoring, executive function coaching, test preparation, school placement, and workshops. MAIA Education is a resource to families who need timely referrals to professionals including psychologists, speech/language therapists, psychiatrists, special education attorneys, and college counselors. Ms. Thomas completed her undergraduate degree in Psychology at Georgetown University and earned a Master's degree in Child Psychology at University College London as well as a Master's in General and Special Education at Hunter College. She worked as a teacher therapist at Karen Horney Therapeutic Nursery and as a Learning Specialist for both private and public schools. She consults for schools in New York City.