



As an international speaker, trainer, and executive coach for 20+years, Robin Underwood has taught in the fields of education, government, health care, sales, marketing, event planning, media, and hospitality to a variety of industries, including professional organizations, hospitals, construction companies, and numerous individual clients.

By involving non-stop energy, enthusiasm, anecdotal stories, and small group exercises to involve the participants of each training and illustrate key points, Robin has become a professional coach of the highest quality. She can tailor your training needs in any way possible that you know will reach your staff with the most power.

Her most popular topics are: Motivation, Humor and Inspiration, Customer Service, Stress Management, Management and Leadership, Conflict Management, Emotional Intelligence, and Team Building.

Robin has delivered over 3500 workshops, in all 50 states and many countries in business, government, the military, and associations, and organizations nationwide. Her philosophy of training is to have a combination of training and coaching to tailor and follow up with techniques so the attendees will have the support and help after the training. She offers life coaching as well as executive coaching.

**Her Training Specialties:**

- Stress Management
- Conflict Management Skills
- Supervising and Management
- Performance Management
- Self Image and Confidence
- Time Management
- Communication Skills
- Leadership and Influence
- Emotional Intelligence