

## UNIVERSAL DESIGN FOR LEARNING

**Universal Design for Learning (UDL)** is a teaching approach that helps make learning accessible to everyone by offering different ways to access information, show what you know, and stay engaged. It's based on research about how people learn and focuses on removing barriers to help all learners succeed.

### 3 Key Principles of UDL

#### 1. Multiple Ways to Present Information

- Present content in different formats: text, audio, video, or pictures.
- Use simple language and offer clarifications to help understanding.
- Goal: Make sure everyone can access and understand the information in a way that works for them.

#### 2. Multiple Ways to Show Learning

- Let students express their learning in different ways: writing, speaking, drawing, or using technology.
- Provide support to help with planning and organizing their ideas.
- Goal: Give students options to show what they know in ways that suit their strengths.

#### 3. Multiple Ways to Stay Engaged

- Offer choices to make learning more interesting.
- Encourage group work, discussion, and self-motivation.
- Goal: Help students stay motivated and focused on learning.

### In a Nutshell:

**UDL** is about planning lessons that allow all students to learn in the way that works best for them—whether it's how they receive the information, express their understanding, or stay engaged with the material.