

# **TABLE TENNIS 101 GROUP CLASS**

# EVERY MONDAY IN NOVEMBER, 5:30PM - 7:00PM

Whether you are new to the sport or just getting back into the game, this is the perfect class to ease your way into the sport. The class is designed for players learning the basic elements of the game. Instruction will focus on grips, ready position, basic strokes, basic serve and serve return, basic footwork, and rules of the game. You will also learn the scientific principles that are necessary to understand about timing, racket acceleration, contact points on the ball, and timing that will give you the foundation to reach the higher levels of the game. Table Tennis 101 is a 4-Week Course (6 hours) that starts on Monday, November 1st, 2021.

#### LIMIT OF EIGHT PARTICIPANTS

## LEARN FROM A MASTER COACH, RICHARD MCAFEE

Coach McAfee is the only Certified USA Table Tennis National Coach in Colorado. He is an inductee into the USATT "Hall of Fame". Author of "Table Tennis, Steps to Success", he has been coaching since 1970. Coach McAfee is also an International Table Tennis Federation Course Conductor and has worked in more than 30 Countries, training +1800 coaches and 4000+ athletes.

### COSTS

Denver Pong Members: \$60 (4-weeks)

Non-Members: \$120 (includes discounted daily fee)

Sign up at info@denverpong.com

SPECIAL ADDED BONUS - TT101 PARTICIPANTS WILL HAVE RESERVED TABLES FROM 9-10AM ON SATURDAYS. DAILY FEE APPLIES.