

## **LESS STRESS, MORE JOY!**

### **Getting Organized for the Holidays**

As the holidays approach, are you filled with the joy of the season, or with dread at the thought of your endless to-do list? When the big event finally rolls around, are you too exhausted to enjoy it? Come to this workshop and learn some holiday organizing tips and strategies that will decrease your anxiety and increase your productivity. We will set up a plan to organize your holiday to-do list, systemize your gift purchasing and giving, and help you create a memorable, stress-free holiday season.