



Join Us at the Bike Rodeo

A Fun, Educational and Free Event for Kids (Ages 4 to 13)



Join us for a fun-filled morning of bike safety, skills training, and hands-on activities to help kids ride smart and stay safe!

-  **Helmet Check** – Make sure your helmet fits properly for maximum protection.
-  **Bike Fit** – Get your bike adjusted for a safe and comfortable ride.
-  **Wheel Shop** – Learn basic bike maintenance and keep your wheels in top shape.
-  **Following the Rules** – Understand road signs, traffic laws, and safe riding habits.
-  **Ride Right** – Navigate obstacles, turns, and signals like a pro.
-  **Refreshments** – Stay hydrated and fueled up for more fun!

Bring your bike and helmet!

(**FREE HELMETS** are available for kids who don't have one!)

For more details please contact: injuryprevention@umassmemorial.org
Check worcesterma.gov/calendar in case of inclement weather

